



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 1:	To reduce access to and dependence on prescription medications and illicit substances in Pima County.				
Objective 1:	By 2021, increase the use of proper disposal methods for prescription medications in Pima County.				
Strategy 1:	Place permanent Rx drug drop boxes in every law enforcement station/substation and identify additional DEA approved sites for placement opportunities.				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Obtain commitment from law enforcement agencies to house Rx drug drop boxes.	Law Enforcement	Verbal commitment obtained	December 2018	In Progress	Conversations started with Pima County Sheriff's Department (PCSD) and Tucson Police Department (TPD)
Obtain resources to buy Rx drug drop boxes.	Community Awareness	Funds collected	December 2018	In Progress	Preparing application to the AZ Governor's Office of Youth, Faith and Family for funding.
Develop written policies that describe law enforcement agencies' roles and responsibilities for Rx drugs placed in drop boxes.	Law Enforcement	Policies written	August 2018	In Progress / Ongoing	Policies in place. Policy updates and follow-up with law enforcement needed.
Install permanent Rx drug drop boxes.	Law Enforcement	Permanent boxes installed at all police department locations	December 2020	In Progress	Drop boxes available at all TPD locations and some PCSD locations.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

**Goal 1: To reduce access to and dependence on prescription medications and illicit substances in Pima County.**

**Objective 1: By 2021, increase the use of proper disposal methods for prescription medications in Pima County.**

**Strategy 2: Increase community awareness of Rx drug drop box locations.**

Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Develop community education messaging and materials to increase community awareness of the importance of proper Rx drug and over-the-counter (OTC) disposal and the Rx drug drop locations.	Community Awareness, Public Information	Materials and messaging developed	August 2018	In Progress	Information developed but updates needed.  Materials updated on drop box locations.
Identify mode and audience for messaging and material dissemination.	Community Awareness	A list of venues and audiences identified	August 2018	In Progress	List in progress. Hotspot locations identified, including Pima County libraries. Messaging via social media avenues discussed.
Develop community education messaging and materials to disseminate to the public on proper disposal of liquids, creams, and needles.	Community Awareness, Public Information	Materials and messaging developed	July 2018	Complete	Print materials developed including flyers, magnets, brochures, and DETERRA bags. Google Map of drop box locations developed and made available on community websites including PCHD, PCOA, TMC and HP.
Disseminate messaging and materials.	Community Awareness	Messaging and materials provided at 15 community events and made available online	<del>July 2018</del> September 2018	In Progress / Ongoing	Locations for community events identified.  Messaging and materials not yet developed.  Conducting Search engine optimization (SEO) activities.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

**Goal 1: To reduce access to and dependence on prescription medications and illicit substances in Pima County.**

**Objective 1: By 2021, increase the use of proper disposal methods for prescription medications in Pima County.**

**Strategy 3: Implement Rx drug take-2018 events.**

Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Develop a replicable plan for Rx drug take-back 2018 events with local law enforcement.	Community Awareness	Plan developed	September 2018	In Progress	Draft plan in progress.  Plan for Oro Valley developed and in place.  2 take-back events scheduled with PCSD.
Identify timing, locations, and partners for Rx drug take-back 2018 events.	Community Awareness	List of times, locations and partners	August 2018	In Progress	Most locations and partners identified. Timing needs to be established.
Work with local law enforcement agencies to provide opportunities for 'populations with limited access to transportation' to participate in take-back 2019 activities.	Community Awareness	2 take-back 2019 opportunities made available	August 2019	Not Started	
Increase community awareness of the importance of proper Rx and over-the-counter (OTC) drug disposal and the timing and location of take-back 2018 events.	Community Awareness	Take-back 2018 events and resources promoted on 5 partner websites	April 2018	Complete / Ongoing	Events posted on PCHD, HP, Pima County, Oro Valley PD, PCOA, TMC, PCSD, and TPD and CPC websites.
Hold scheduled take-back 2018 events.	Community Awareness	9 take-back 2018 events held in Oro Valley	December 2018	In Progress	19 events currently scheduled to take place in Oro Valley for 2018.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Reassess the need for take-back 2018 events following the placement of Rx drug drop boxes.	Community Awareness	Reassessment completed	December 2019	Not Started	
Establish countywide Rx take-back 2019 day.	Community Awareness	Take-back 2019 day established by Board of Supervisors	April 2019	Not Started	

**Goal 1: To reduce access to and dependence on prescription medications and illicit substances in Pima County.**

**Objective 1: By 2021, increase the use of proper disposal methods for prescription medications in Pima County.**

**Strategy 4: Increase community awareness of safe Rx drug storage options.**

Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Develop community education messaging and materials to increase awareness of the importance of safe Rx drug storage and provide examples of safe Rx drug storage options.	Community Awareness, Public Information	Messaging and materials developed	July 2018	Complete / Ongoing	DETERRA bags, flyers, magnets and brochures created but needs updates. ADHS supplies materials.
Identify mode and audience for messaging and material dissemination.	Community Awareness, Public Information	Mode and audience identified	<del>July 2018</del> August 2018	In Progress / Ongoing	List of events, health fairs, conferences, workshops, libraries and other venues to distribute materials at is in progress. Social media platforms identified. Target audience: adults.
Disseminate messaging and materials.	Community Awareness	Messaging and materials made available on 5 community partner websites and provided at 15 community events	August 2018	In Progress / Ongoing	Print materials developed including flyers, magnets, and brochures. Printed materials distributed to community members via health fairs, local events, e-mail, Facebook and Twitter.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 2: Encourage adoption of best practice guidelines by Pima County prescribers and pharmacists.</b>					
<b>Objective 1: By 2021, promote best practice prescribing and dispensing protocols among Pima County prescribers and pharmacists.</b>					
<b>Strategy 1: Encourage prescriber and pharmacist adoption of best practice guidelines.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify best practice guidelines.	Medical Practices	List of best practices identified	July 2018	Complete	Arizona Opioid Prescribing Guidelines (ADHS, 2018) identified and in use.
Identify 5 key hospital partners.	Medical Practices	List of partners identified	<del>August 2018</del> June 2018	Complete	8 hospitals and organizations identified.
Meet with hospital/ED administration, medical directors, department heads, and staff to discuss the Rx drug misuse problem, the importance of guidelines, and ways to partner.	Medical Practices	5 meetings with key stakeholders held; Partnerships developed	September 2018	In Progress	Connections made and discussions underway.
Identify state and local venues to raise prescriber and pharmacist awareness and conduct guideline and/or special topics training.	Medical Practices	List of venues	<del>November 2018</del> June 2018	Complete	4 venues identified.
Use letters, email blasts, and local door-to-door approaches to disseminate copies of the guidelines.	Medical Practices, Public Information	Information disseminated to a minimum of 10 community partners	December 2018	Not Started	



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Provide brief awareness training and encourage hospitals and pharmacies to adopt guidelines.	Medical Practices	Trainings provided to 4 pharmacies and 3 local hospitals; Guidelines adopted by 2 hospitals and/or pharmacies	January 2019	Not Started	
Develop a tool that medical providers can use to reference prescribing guidelines.	Medical Practices	Tool created	<del>November 2018</del> May 2019	In Progress	Discussions held with UA College of Engineering. Duties not yet assigned.
Collaborate with MAT clinics and medical providers to promote consistent practice of prescribing guidelines among medical providers.	Referral and Treatment, Medical Practices	Tool distributed to 10 medical agencies	<del>December 2018</del> 2019	Not Started	

**Goal 2: Encourage adoption of best practice guidelines by Pima County prescribers and pharmacists.**

**Objective 1: By 2021, promote best practice prescribing and dispensing protocols among Pima County prescribers and pharmacists.**

**Strategy 2: Promote continuing education (CME) for prescribers and pharmacists on prescribing and dispensing controlled substances.**

Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Utilize local prescriber newsletters, local print media, and door-to-door approaches in order to market CMEs in the community.	Medical Practices, Public Information	Marketing approach identified and implemented	December 2018	In Progress / Ongoing	Information has been distributed via emails, newsletters and meetings.
Promote information that encourages medical providers and psychiatrists to utilize of (Controlled Substances Prescription Monitoring Program CSPMP)	Medical Practices	Information disseminated to a minimum of 5 healthcare organizations	September 2018	In Progress / Ongoing	Information identified and materials developed. Next step is to promote and distribute.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

					Materials currently being promoted on AzCRH and HP websites.
Promote face-to-face CME opportunities for prescribers by providing Rx101 presentations.	Medical Practices	5 face-to-face presentations provided	April 2019	Not Started	Online and in-person classes are offered.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 2:	<b>Encourage adoption of best practice guidelines by Pima County prescribers and pharmacists.</b>				
Objective 1:	<b>By 2021, promote best practice prescribing and dispensing protocols among Pima County prescribers and pharmacists.</b>				
Strategy 3:	<b>Provide patient education training and materials for prescribers and pharmacists to improve the prescription drug literacy of their patients.</b>				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Prepare and disseminate patient education materials (e.g., flyers, pamphlets, informational sheets, posters, and rolling or streamed videos) to local hospitals, emergency departments, community health centers, pharmacies, and local healthcare offices.	Medical Practices, Public Information	Education materials prepared and disseminated to 300 community partners	December 2018	In Progress	Information currently being drafted and revised.
Identify state and local venues to conduct prescriber and pharmacist training on how to assess patient pain needs and provide effective treatment.	Medical Practices	List of state and local venues.	March 2019	Not Started	





Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 2:	Encourage adoption of best practice guidelines by Pima County prescribers and pharmacists.				
Objective 1:	By 2021, promote best practice prescribing and dispensing protocols among Pima County prescribers and pharmacists.				
Strategy 4:	Increase prescriber and pharmacist use of the Prescription Monitoring Program (PMP).				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Use traditional and social media to market the use of the PMP as a patient safety tool and best practice standard.	Medical Practices, Public Information	PMP marketed on 10 social and traditional media outlets	<del>January 2019</del> December 2018	In Progress	PI drafting marketing materials.
Review state provided information regarding compliance with PMP and develop targeted engagement.	Medial Practice	Written plan for targeted engagement	December 2018	In Progress	Discussion held regarding PMP guidelines and strategies to market PMP. Next step is to review information in detail and establish best practice.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 2: Encourage adoption of best practice guidelines by Pima County prescribers and pharmacists.</b>					
<b>Objective 2: By 2021, encourage patients to take personal responsibility and advocate for their personal health.</b>					
<b>Strategy 1: Improve awareness and access to resources for patients.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify current materials available for patient health advocacy.	Medical Practices	List of current materials	September 2018	In Progress	Discussion held and research conducted on available materials.
Develop and promote a tool for patients to utilize for health advocacy.	Community Awareness, Medical Practices, Public Information	Tool developed  Tool promoted on 5 community partner websites	April 2019	Not Started	
Support treatment and referral organizations by promoting a local online directory.	Medical Practices, Public Information	Directory promoted to 300 community partners	<del>August 2019</del> May 2019	Not Started.	(Directory development in progress)



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 3:	Increase access to substance misuse and mental health services for residents of Pima County.				
Objective 1:	By 2021, adopt and promote activities to address substance misuse in Pima County.				
Strategy 1:	Improve coding structure of data management systems for tracking drug offenses.				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Meet with fellow law enforcement agencies to obtain buy-in.	Law Enforcement	2 meetings held with law enforcement agencies; buy-in obtained	August 2018	In Progress	Meetings held with Tucson PD, Pima County SD, South Tucson PD and CNA. Next step is to obtain buy-in.
Develop flagging process for crimes that are drug-related.	Law Enforcement	Streamline process	TBD	In Progress	Process developed. Working on streamlining process with community stakeholders.
Implement flagging process for crimes that are drug-related.	Law Enforcement	Process implemented	TBD	In Progress	Working with ADHS to implement processes.
Enhance effective enforcement through collaborative efforts between law enforcement agencies and prosecutor offices.	Law Enforcement	3 meetings held to identify strategies and tactics	TBD	In Progress	2 meetings held. Next steps are to follow-up.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 3:	Increase access to substance misuse and mental health services for residents of Pima County.				
Objective 1:	<b>By 2021, adopt and promote activities to address substance misuse in Pima County.</b>				
Strategy 2:	<b>Increase law enforcement use of the Prescription Monitoring Program (PMP).</b>				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Meet with local law enforcement agencies and the Counter Narcotics Alliance (CNA) to gain buy-in.	Law Enforcement	Meeting held; Buy-in obtained	August 2018	In Progress	Meeting held with agency leads. Additional meetings needed to obtain buy-in.
Provide education and training on PMP registration and use for local law enforcement.	Law Enforcement	2 trainings held	TBD	Not Started	PMP trainings with law enforcement not yet established.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 3:</b>	<b>Increase access to substance misuse and mental health services for residents of Pima County.</b>				
<b>Objective 1:</b>	<b>By 2021, adopt and promote activities to address substance misuse in Pima County.</b>				
<b>Strategy 3:</b>	<b>Conduct enforcement efforts to address current and emerging substance abuse issues.</b>				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Create an inventory of target communities at risk for substance misuse.	Law Enforcement	Inventory of locations	TBD	In Progress	Data collected from ADHS. Inventory not yet started.
Identify specific geographic regions to increase depth and efficacy of reach	Law Enforcement	List of geographic areas	TBD	Not Started	Conversations started. Next step is to identify regions.
Develop an approach for law enforcement to target areas with current and emerging substance misuse issues.	Law Enforcement	Approach developed	TBD	In Progress	Discussions held with CNA. Additional meetings needed.
Implement approach with fellow law enforcement agencies to target areas with current and emerging substance misuse issues.	Law Enforcement	Approach implemented with 2 law enforcement agencies	TBD	Not Started	



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 3: Increase access to substance misuse and mental health services for residents of Pima County.</b>					
<b>Objective 1: By 2021, adopt and promote activities to address substance misuse in Pima County.</b>					
<b>Strategy 4: Identify and promote best practices among local law enforcement for substance misuse interventions.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Work with local law enforcement to identify best practice models for substance misuse interventions.	Referral and Treatment	List of best practices	April 2018	Complete / Ongoing	Best practices and policies collected in April.  List continuously updated.
Share best practice models with local law enforcement agencies without established interventions.	Referral and Treatment	Best practice shared with 2 law enforcement agencies	December 2018	Not Started	



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 3: Increase access to substance misuse and mental health services for residents of Pima County.</b>					
<b>Objective 2: By 2021, increase access to mental health treatment services for residents of Pima County.</b>					
<b>Strategy 1: Work with community organizations and stakeholders to coordinate workforce training for frontline staff around substance misuse and mental health resource navigation.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify appropriate stakeholders to assist with providing trainings and materials for frontline staff.	Referral and Treatment, Medical Practices	Stakeholders list created	July 2018 2019	<del>In Progress</del> Not Started	Discussions held.  Planning for in-person trainings placed on hold while groups focus on developing the online directory.
Identify trainings and materials on substance misuse and mental health navigation that are available for frontline staff.	Referral and Treatment, Medical Practices	List of trainings	September 2018	In Progress	RX101 training, Rx360 toolkit, trauma informed training, mental health crisis training and webinars (with CME credit).
Provide community organizations with available training opportunities and materials for their frontline staff.	Referral and Treatment, Medical Practices	Training information and materials provided to 10 community partners	December 2018	In Progress	Training webinars made available on HP website and via HP newsletter.  2 in-person trainings held.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 4: Increase awareness and education on the effects of substance misuse among residents of Pima County.</b>					
<b>Objective 1: By 2021, increase awareness among Pima County residents of the risks associated with substance misuse.</b>					
<b>Strategy 1: Implement mass media campaign and disseminate materials on associated risks.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Invite stakeholders to support and promote an evidence-based public education campaign on the consequences of substance misuse.	Steering Committee	List of supporting organizations	<del>September 2018</del> October 2018	Not Started	
Develop community education messaging and materials to increase awareness of the risks of Rx drug and over-the-counter (OTC) drug misuse.	Public Information	Materials and messaging developed	<del>August 2018</del> October 2018	In Progress	First meeting to discuss campaign held in April. Draft content in progress.
Identify mode and audience for messaging and material dissemination.	Public Information	Mode and audience identified	<del>July 2018</del> December 2018	Not Started	
Disseminate messaging and materials.	Public Information	Messaging and materials disseminated via community events including the <del>Southern Arizona Opioid Symposium</del>	<del>September 2018</del> January 2019	Ongoing	Print materials developed including flyers, magnets, and brochures. Printed materials distributed to community members via health fairs, local events, e-mail, Facebook and Twitter.





Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 4:	Increase awareness and education on the effects of substance misuse among residents of Pima County.				
Objective 1:	By 2021, increase awareness among Pima County residents of the risks associated with substance misuse.				
Strategy 2:	Promote a speakers bureau identified by the Steering Committee to provide presentations to community members, agencies, and other groups.				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify and contact subject matter experts (SMEs) to provide presentations to community members, agencies, and other groups.	Steering Committee	SME identified and contacted	April 2018	Completed	SMEs identified. E-mail conversations held with SMEs.
Coordinate with SMEs to provide presentations to community members, agencies, and other groups.	Steering Committee	Facilitation of 10 community presentations	<del>May 2019</del> TBD	Not Started	Presentation dates not yet established.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 4:	Increase awareness and education on the effects of substance misuse among residents of Pima County.				
Objective 1:	By 2021, increase awareness among Pima County residents of the risks associated with substance misuse.				
Strategy 3:	Implement evidence-based curriculums to educate community members about the risks of substance misuse.				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify evidence-based curriculums on the risks associated with substance misuse.	Community Awareness	List of curriculums	TBD.	Not started. Waiting on SAMHSA.	Not identified. "Evidence-based" term currently under review by SAMHSA and GOYFF.
Provide presentations to adults within the community on the risks associated with substance misuse.	Community Awareness	50 presentations held	December 2018	In Progress	23 presentations held at local schools, community centers, college, community forums, churches, and partnering organizations.
Collaborating with local schools to implement programs based on Substance Abuse and Mental Health Services Administration's (SAMHSA's) and the Arizona Department of Health Services (ADHS) criteria targeting teachers, school administrators/staff, youth and parents.	Community Awareness	15 presentations held	December 2018	In Progress	School districts/schools implementing programs include Sunnyside, Summer Institute, TUSD, Amphi, and Marana.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 4: Increase awareness and education on the effects of substance misuse among residents of Pima County.</b>					
<b>Objective 1: By 2021, increase awareness among Pima County residents of the risks associated with substance misuse.</b>					
<b>Strategy 4: Engage local anti-drug coalitions, organizations and other stakeholders to promote and disseminate public education materials on substance misuse.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Coordinate with community partners to develop proclamations around specific substance misuse within the community.	Community Awareness	Proclamation developed and implemented	September 2018	In Progress	Dispose-A-Med working with Pima County BOS and other city/county jurisdictions.
Coordinate with community partners to provide community education events such as symposiums, conferences, and town hall forums.	Community Awareness	5 community events held	December 2018	In Progress	Community opioid symposium in September. Town hall forums held by CPC and LPKNC. DES Summit in August. Youth and Peace Conference in September. LULAC Youth Leadership Conference in April.
Create an inventory of substance misuse and mental health nonfiction reading materials.	Community Awareness	Inventory of reading materials created	December 2018	Not Started	
Coordinate with Pima County Public Library to make reading materials available to the public.	Community Awareness	Reading materials available at all Pima County Library locations	December 2018	Not Started	



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 4: Increase awareness and education on the effects of substance misuse among residents of Pima County.</b>					
<b>Objective 2: By 2021, create and promote an online directory of available programs, services, and educational materials on substance misuse.</b>					
<b>Strategy 1: Identify and promote Pima County specific programs and services on substance misuse.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Secure funding to create an online directory of programs, services, and educational materials on substance misuse.	Referral and Treatment	Funding secured	August 2018	In Progress	ADHS PDO grant identified as potential funding source. Purchase for the website has been approved.
Develop a draft of the directory layout to guide planning.	Referral and Treatment	Draft of website layout	May 2018	In Progress	Layout developed. Next step is to assign website duties and collect content.
Identify Pima County specific best practice programs and services.	Referral and Treatment	List of available programs and services	December 2018	In Progress	Identified substance misuse topics by month.
Establish an online directory of programs, services, and educational materials on substance misuse.	Referral and Treatment	Online directory created	April 2019	Not Started	
Promote the online directory to community partners and the public.	Referral and Treatment, Public Information	Directory link shared with 300 community partners; Directory link available on 3 community partner websites	May 2019	Not Started	Marketing discussions will begin late December/early January.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 4:	Increase awareness and education on the effects of substance misuse among residents of Pima County.				
Objective 3:	By 2021, establish a Steering Committee to identify opportunities to improve provider capacity, accessibility, and treatment outcomes for substance misuse and mental health services in Pima County.				
Strategy 1:	Define and recruit members for the Steering Committee.				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify and recruit members for the Substance Misuse and Mental Health Alliance Steering Committee.	Substance Misuse and Mental Health Alliance	10 members identified and recruited	January 2018	Ongoing	Steering Committee established. Membership recruitment is ongoing.
Define the roles and responsibilities for members of the Alliance’s Steering Committee.	Steering Committee	List of roles and responsibilities	<del>July 2018</del> October 2018	In Progress	Draft of roles and responsibilities in progress.
Hold quarterly meetings to identify opportunities to improve provider capacity, accessibility, and treatment outcomes for substance misuse and mental health services in Pima County.	Steering Committee	4 meetings held	<del>December 2018</del> October 2018	In Progress	Meeting to be hold in October.



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

Goal 4:	<b>Increase awareness and education on the effects of substance misuse among residents of Pima County.</b>				
Objective 3:	<b>By 2021, establish a Steering Committee to identify opportunities to improve provider capacity, accessibility, and treatment outcomes for substance misuse and mental health services in Pima County.</b>				
Strategy 2:	<b>Identify scope of current substance misuse and mental health challenges by reviewing existing data sets.</b>				
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Develop a tool to survey the county environment to identify substance misuse trends and available resources.	Steering Committee	Tool developed	TBD	Not Started	
Utilize tool to survey the county environment to identify substance misuse trends and available resources.	Community Awareness	Environment survey completed	TBD	Not Started	
Identify, review, and promote available data sets related to substance misuse in Pima County.	Steering Committee	Data made available on the Healthy Pima website	TBD	Not Started	
Identify gaps and challenges associated with available data sets related to substance misuse in Pima County.	Steering Committee	Gaps and challenges identified at committee meeting	TBD	Not Started	
Develop strategies for addressing identified gaps and challenges and distribute to appropriate community partners.	Steering Committee	3 strategies established and shared with community partners	TBD	Not Started	
Collaborate with community partners to implement strategies to address gaps and barriers.	Community Awareness, Referral and Treatment	Strategies implemented with 3 community partners	TBD	Not Started	



Healthy Pima  
Substance Misuse and Mental Health Alliance  
Action Plan 2018-2021

<b>Goal 5: Provide free trainings to Pima County community and clinical service providers on coping skills for anxiety, depression and related disorders.</b>					
<b>Objective 1: By 2021, develop and maintain a community mental health crisis team in Pima County.</b>					
<b>Strategy 1: Provide free trainings to community professionals that have a role in serving or treating individuals with anxiety and depression.</b>					
Tactics/Activities	Responsible Person	Expected Outcome	Expected Completion Date	Progress and Updates	Results and Achievements
Identify and recruit members for the Mental Health Crisis Team.	Referral and Treatment	A minimum of 15 members identified and recruited	March 2018	Complete	45 community partners identified and recruited.
Define the roles and responsibilities for members of the Mental Health Crisis Team.	Referral and Treatment	List of roles and responsibilities	May 2018	In Progress / On Hold	2 meetings held. Additional planning meetings to establish shared roles not yet scheduled.
Work with healthcare organizations, behavioral health organizations, faith-based organizations, and communities on education to identify current and available free trainings.	Referral and Treatment, Community Awareness	20 new or current trainings identified	September 2018	In Progress	List of trainings in progress.
Promote available trainings to behavioral health professionals, school counselors, clergy, employers, healthcare providers and other community service providers.	Referral and Treatment, Community Awareness, and Public Information	Available trainings promoted on a minimum of 5 websites	May, 2019	Ongoing	Trainings promoted on UA, Healthy Pima, and Banner websites.
Coordinate and/or provide trainings to community and clinical service providers.	Referral and Treatment	20 trainings held and/or coordinated	May 2019	In Progress	4 no-cost mental health first aid trainings provided to Pima County community leaders.