

Community Health Improvement Planning
Southern Chapter of the Arizona Falls Prevention Coalition
Meeting Minutes – Thursday July 18, 2018
9:00-11:00 AM

Abrams Public Health Building, 3950 S. Country Club Rd. Tucson, AZ

In-Person Attendance

Adina Wingatem, *Pima Council on Aging*Brooke Reaves, *Carondelet St. Josephs*Debbie, *Pima Council on Aging*Irene Soderguist, *AZ Department of Economic Security*Karla Bennington, *Banner Health*Kristin Robinson-Lund, *Pima County Health Department*Lee Itule-Klassen, *Pima County Health Department*Liz Cozzi, *Carondelet St. Josephs Hospital*Marcia Woodburn, *Banner Health*

Maya Luria , Tucson Medical Center
McHaley Haeflinger, Health South
Rachel Peterson, UA Center on Aging
Renee Wentworth, Pima County Health Department
Shelley Whitlatch, El Rio Health
Tangye Beddham, Rio Rico Fire District
Tracy Shake, UofA Arthritis Center
Vinson Lee, UA Research Collaboratory
Rebecca Root, Pima County Health Department

Welcome and Introductions

Lee welcomed everyone and attendees introduced themselves, including those calling in on the phone.

Distribution of Fall Risk Assessment Tool

- PCOA printed 5,000 copies of the final version of the falls risk assessment tool
 - o Bundles of 100 were provided at the meeting for coalition members to take and distribute
- Ways the assessment tool will be implemented:
 - o PCOA will be distributing the tools through their Neighbor's Care Alliance and family caregivers
 - Once other organizations start using the tool, they can email Debbie to let her know where they have distributed it so she can keep track of the locations
- How to promote the tool with other programs:
 - Long-term caregivers need approval through AHCCCS
 - A Spanish translation of the tool is needed by the end of August in order to have them printed in time for the September falls prevention events. The Pima County communications division is working on the translation. Coalition members who need the Spanish version were asked to e-mail Lee so their correspondence could be shared with the communications team

Distribution of Recruitment Flyer

The main purpose of the flyer is to recruit members for the coalition. Copies of the finalized flyer were available for review. The group did not have any further suggestions for the flyer so it can now be used to start recruiting new members.

Fall Prevention Community Events

- September is Falls Prevention Month. Rebecca reported on events that have been scheduled, which includes events organized by the coalition as well as events coordinated by organizations within the coalition who will be holding separate programming. A calendar has been created in Google Docs so all coalition members can see when the events have been scheduled and where. Contact information for Mayra Jeffery, who is coordinating the events, can be found on the calendar as well. The link to the calendar was sent via email.
 - Golder Ranch: September 5 (time TBD)
 - Jewish Community Center: September 7 (9-11:30)
 - o Ellie Towne: September 13 (9-11:30)



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o Banner: September 14

o Rio Rico Fire: September 17 (9-2:30)

TMC and Encompass Health: September 18 (9-11:30)
 El Pueblo Activity Center: September 21 (9-11:30)

- Presentations/demonstration ideas:
 - Home medical equipment discussion, including display of equipment
 - Possible partnership with a physical therapist
 - Hearing services, including looking for wax build-up
 - o Tai Chi demonstration
 - Matter of Balance demonstration
 - Feet inspections and diabetes education provided by public health nurses
 - o Presentation by a pharmacist to discuss the risk of medications

Report from State Coalition

• The Stand Up To Fall Symposium and Community Event is scheduled for October 26, 2018 in Phoenix.

Other Business

Rebecca and Mayra will be following-up with potential vendors/presenters for the September events

Next Meeting

The next meeting is scheduled for Thursday, August 16, 2018 at 9:00am at the Abrams Public Health Building located at 3950 S. Country Club Tucson, AZ. You can also join by phone 520-222-1111 using the access code 9572950#.

If you have any agenda items for the next meeting, please e-mail them to Debbie.

Adjourn