



**Community Health Improvement Planning
Southern Chapter of the Arizona Falls Prevention Coalition
Meeting Minutes – Thursday June 21, 2018
9:00-11:00 AM
Abrams Public Health Building, 3950 S. Country Club Rd. Tucson, AZ**

In Attendance

Adina Wingatem, *Pima Council on Aging*

Brooke Reaves, *Carondelet St. Josephs*

Debbie, *Pima Council on Aging*

Irene Soderguist, *AZ Department of Economic Security*

Karla Bennington, *Banner Health*

Kristin Robinson-Lund, *Pima County Health Department*

Lee Itule-Klassen, *Pima County Health Department*

Liz Cozzi, *Carondelet St. Josephs Hospital*

Marcia Woodburn, *Banner Health*

Maya Luria, *Tucson Medical Center*

McHaley Haeflinger, *Health South*

Rachel Peterson, *UA Center on Aging*

Renee Wentworth, *Pima County Health Department*

Ruth Taylor-Piliae, *UA College of Nursing*

Shelley Whitlatch, *El Rio Health*

Tangye Beddham, *Rio Rico Fire District*

Tracy Shake, *UofA Arthritis Center*

Vinson Lee, *UA Research Collaboratory*

Welcome and Introductions

Lee welcomed everyone in attendance and everyone introduced themselves, including those calling in on the phone.

Finalization of Fall Risk Assessment Tool

- Copies of the fall risk assessment tool were provided to the group. Debbie also sent out a group e-mail earlier with the revisions.
- The group reviewed the assessment tool and discussed edits. Suggested edits include:
 - Adding the word “the” in the orange box
 - Adding “65 years and older” in the blue box
 - Enhance fitness needs to be one word with a capital F on the back (EnhanceFitness).
- Possible ways to implement the assessment tool:
 - Rio Rico Fire District suggested that everyone who enrolls in their program will get the tool in their initial program packet and someone will review the tool with them.
- How to promote the tool with other programs:
 - Fall prevention trainings with other agencies
 - Translate the assessment tool into Spanish
 - Collaborate with local geriatricians (Vinson shared that he knows a geriatrician who is very interested in the program)
 - Recruitment flyer in a package to use as a hand out tool for new agencies
 - Include data to share and promote
 - Banners case managers could carry the assessment tool out in the field and use it as they are working with clients
 - Once the package is put together send to the Pima County Medical Society
 - Pima County Health Department plans to use the tool when the public health nurses visit the senior centers and libraries
 - Contact rotary clubs
 - Find people within the community that are peers to seniors
- Once people start using the tool, they can email Debbie to let her know where they have distributed it so she can keep track of the locations.
- Group discussion around: How to get the assessment tool to clients before they fall and visit their doctor



Finalization of Recruitment Flyer

The main purpose of the flyer is to recruit members for the coalition. A copy of the proposed flyer was presented to the group. Debbie would like for all members to email her with their organization(s) name, if they would like to be included on the recruitment flyer.

Suggested feedback for the flyer included:

- Correcting agency names
- Include meeting monthly
- Additional agencies would like to be included on flyer such as Banner Fracture Liaison Service
- Different pictures depending the population that you are visiting

UA Arthritis Center Upcoming Events

- Tracy shared the arthritis center is part of the UA College of Medicine. They host 6 community evening lectures a year, some exceeded the capacity of 350 people and lectures are an hour and 15 minutes by UofA clinicians, scientist, researchers, and a variety of others.
- All the lectures are free to the public.
- September event is Meet the Researchers.
- Tracy will email Lee a list of the events
- Additional comments:
 - Add coalition to e-list for the UofA Arthritis Center for the events
 - E-mail events to HealthyPima@pima.gov

Fall Prevention Community Events

- September is Falls Prevention Month. Scheduled events include:
 - Rio Rico: Sept 17
 - Green Valley: Sept
 - TMC: Sept 18, morning event
- The group plans to 3+ events to target the different areas of town (Pueblo, JCC, Ellie Town, and Golden Ranch). Debbie would like to work on reaching out to the locations and finding dates available to host events.
- Organizations interested in participating or presenting in the events, please let Debbie or Lee know and they can incorporate them into the schedule.
- Event ideas:
 - Discuss media once the dates are set
 - Come up with giveaways to attract clients
 - Potential topics: exercise demos, balance screenings, and presentations. (Send info to Debbie)
 - Event time from 9am-noon, or 9am-11:30am
 - Give guest passport in order to be eligible for giveaways

Additional Business

- Resource list will be sent out with all the corrections.
- Lee will follow up with Mary to see about adding the resource list to the Healthy Pima website.
- Resource list and assessment tools are the two main handouts to share with other agencies.



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Next Meeting

The next meeting is scheduled for Thursday, July 19, 2018 at 9:00am at the Abrams Public Health Building located at 3950 S. Country Club Tucson, AZ. You can also join by phone 520-222-1111 using the access code 9572950#.

If you have any agenda items for the next meeting, please e-mail them to Debbie.

Adjourn