



**Community Health Improvement Planning**  
**Southern Chapter of the Arizona Falls Prevention Coalition**  
**Meeting Minutes – Thursday May 16th, 2019**  
**9:00-11:00 AM**  
**Abrams Public Health Center Room 3110, 3950 S. Country Club Rd. Tucson, AZ**

**In Attendance**

Adina Wingate, Pima Council on Aging  
Allison Belter, Encompass Health  
Brooke Reaves, Carondelet - St. Joseph's Hospital  
Debbie Adams, Pima Council on Aging  
Jennifer Bea, University of Arizona Cancer Center  
Kimberly Romo, Encompass Health  
Lee Itule-Klasen, Pima County Health Department  
Maya Luria, Tucson Medical Center

McHaley Haeflinger, Encompass Health  
Nicholas Cogdall, Pima County Health Department  
Rachel Peterson, University of Arizona Center on Ageing  
Raul Ortiz, Adult Protective Services  
Rebecca O'Brian, Pima County Health Department  
Shelley Whitlatch, El Rio  
Terry Nordbrock, Pima County Health Department  
Tracy Koslowski, Drexel Heights Fire District

**Welcome and Introductions**

Debbie Adams, Pima Council on Aging, welcomed everyone in attendance and a round robin of introductions were done, both in the room and on the phone.

**Report on Arizona Falls Prevention Coalition and Other County Chapter Activities**

Lee Itule-Klasen, Pima County Health Department, provided the group with an update on from the Arizona Falls Prevention Coalition. The May meeting included a presentation from a physical therapist from the Arizona Department of Health Services (ADHS) that proposed a culturally competent campaign based on the mobility scorecard. Lee suggested that this mobility scorecard could be integrated into the fall risk assessment tool that Southern Chapter of the Arizona Falls Prevention Coalition (SCAFPC) has developed.

Additionally, Lee noted that planning for the Falls Symposium is currently underway for the end of September. The event will include a session for health professionals for the first half of the day and will be open to the public for the second half.

**Meeting with El Rio**

Adina Wingate, Pima Council on Aging, and Lee Itule-Klasen met with Lisa Cummings, COO of El Rio, about integrating falls prevention efforts into their operations. Both Lee and Adina felt that the meeting was productive and El Rio is interested in being a more active participant in the SCAFPC and integrating the assessment tool into their assessments with individuals over the age of 65.

The group discussed using this avenue to engage with other organizations to continue the discussion around falls prevention efforts and developing a community referral system. The group expressed interest in connecting with other groups to promote continuing medical education (CME) and working with the Tucson Collaborative Community Care (TC3) to identify other physician groups.

**Grant Funding Update**

Lee Itule-Klasen shared that the SCAFPC was not selected for the Community Living grant to expand falls prevention efforts. Very few organizations on the west coast were awarded funding.

**Falls Prevention Event Planning**

The group discussed the planning for the falls prevention events for September. Currently, the group has identified the following locations and times:



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- Tucson Medical Center will be hosting an event on Tuesday, September 17<sup>th</sup> El Dorado Campus from 9:00-12:00.
- Green Valley will be hosting an event on September 23<sup>rd</sup> from 9:00-3:00.

Additionally, the group discussed the following

- El Rio Community Center has expressed interested in hosting an event, in 2018 they hosted an event at El Pueblo.
- The group discussed holding additional events at Ellie Town, Catalina, Tucson Estates in conjunction with Drexel Heights Fire District, Jewish Community Center, Pascua Yaqui, and Marana.
- Picture Rocks is also a potential option and has also reached out to SCAFPC to present to their Senior's Club. Additionally, the Picture Rocks Fire Department might be able to provide support.

The format the group discussed included having multiple speakers covering different topics for approximately 20 minutes and have presenters focus more on a hands-on presentation or demonstrations. Additionally, the group still wants to have resources and outreach materials available and provide assessments to participants.

#### **Updates**

- On May 28 the coalition will be presenting to Pima Fire Chiefs. This is an opportunity to educate the group and invite them to attend meetings. Updates will be provided at the June meeting.

#### **Next Meeting**

The next SCAFPC meeting will be held:

**Date:** Thursday, June 13, 2019

**Time:** 9:00 – 11:00 PM

**Location:** Abrams Public Health Center, 3950. S. Country Club Rd. Tucson, AZ

**Room:** 3110

#### **Adjourn**