



In-Person Attendance

Debbie Adams, *Pima Council on Aging*
Elizabeth Cozzi, *Carondelet St. Joseph's Hospital*
Karla Bennington, *Banner Health*
Kim Ohl, *Pima County Health Department*
Kimberly Romo, *Encompass Health Tucson*
Lee Itule-Klassen, *Pima County Health Department*
Marcia Woodburn, *Banner Health*

Mary Kinkade, *Pima County Health Department*
McHaley Haeflinger, *Encompass Health Northwest*
Rachel Peterson, *UA Center on Aging*
Rebecca O'Brian, *Pima County Health Department*
Ruth Taylor-Piliae, *UA College of Nursing*
Tracy Koslowski, *Drexel Fire District*
Tracy Shake, *Arizona Arthritis Center*

Welcome and Introductions

Debbie Adams from Pima Council on Aging thanked everyone in attendance including the three members on the phone.

Debbie provided the group with a brief overview of the meeting handouts and a round-robin of introductions was done.

Care Partner Resource Guide

Rachel Peterson from the Arizona Center of Aging provided the group with a binder of single-page fact sheets that can be used by anyone who is providing care for an older adult – including volunteers, family, caregivers, direct care workers, and community health workers. The sheets are available online in English and Spanish and provide helpful tips and community resources on a variety of topics: <https://aging.arizona.edu/educational-resources/care-partner-sheets>

- Roughly 10 new resources / care sheets are created each year and uploaded to the website. If there is a topic you would like a care sheet on, please e-mail Rachel at: rpeterson@aging.arizona.edu

Review of Evaluation of September Fall Prevention Events/Campaign

Debbie thanked the group for their efforts in hosting and participating in the September Falls Prevention Awareness events.

Rebecca O'Brian from the Pima County Health Department provided group members with a handout that summarized the three events held by the coalition. The handout also summarizes feedback collected from community members who attended the events (see pages 4).

A group discussion was held around event turnout and success. Comments from the group included:

- Ellie Towne Flowing Wells Community Center had the most community members in attendance and were the most engaged.
- The TMC event was very well attended and many interactive resources were available.
- A lot of people attended the talks but not very many people visited the resource tables.
- Community members really liked the presentation topics and asked a lot of engaging questions.
- Events were advertised at senior centers but many older adults do not like to travel outside their local community, which may be why participation rates were lower at some of the events.
- Attendees really liked the free blood pressure checks and physical therapy evaluation.
- Additional advertising for next year would be good.



The group discussed the Fall Risk Assessment Tool developed by the coalition and discussed how the tool has been used and received by the community. (Pima Council on Aging printed color copies of the tool for group members to distribute to the public). Comments from the group included:

- Tucson Medical Center (TMC) groups such as the Nursing Leadership and the Patient & Family Advisory Council approved the tool and they plan to include the tool in the admission packet. Next step is to have the tool available in their physician offices.
- “We want to normalize these tool kits so primary care doctors and the public feel comfortable sharing these assessment tools with their grandparents, neighbors, etc.”
- The group would like to connect with Pima County Medical Society – maybe hold a meeting or present to their Board?
- The Arizona Center on Aging has been working with community representatives from the Hopi and Pascua Yaqui Tribe and has spoken to them about the tool.
- Marcia Woodburn received approval from Banner to use the tool and has been using it in her clinic. Karla Bennington also received approval from Banner and has disseminated the tool to case managers.
- The group could also reach out to [Neighbors Who Care](#) to have their volunteers use the tool.

Funding Needed to Create Fall System

Debbie and Lee Itule-Klassen from the Pima County Health Department (PCHD) met with Dr. Joseph and his colleagues from Banner to discuss what “a system of fall prevention referrals” would look like in Pima County. They discussed current gaps in funding, sustainability, disconnect between service providers, and elements needed for a successful system (e.g., what partners are needed and what grant opportunities are available at the local, state and national level). They also discussed forming a subcommittee to search for and apply for grants.

If any members of the group have grant writers in their organization that would be interested in being part of the subcommittee, or come across any potential grants, please send them to Debbie or Lee.

Funding sources suggested by the group include the:

- [Knight Foundation](#)
- Community Foundation Arizona
- United Health

Other Business

- The *Living Healthy With Arthritis* community outreach and public education program provides free lectures featuring a wide range of topics utilizing both community speakers and medical and health professionals from the University of Arizona. For more information or to view upcoming presentations, [CLICK HERE](#).
- A free “Stand Up to Falls Symposium” event will be held on October 26th. [CLICK HERE](#) to register or learn more.
- Senior Safety Academy Dates have been identified and will be sent out to the group. [CLICK HERE](#) for more information.



Community Health Improvement Planning
Southern Chapter of the Arizona Falls Prevention Coalition
Meeting Minutes – Thursday October 18, 2018
9:00-11:00 AM
Abrams Public Health Center Room 3110, 3950 S. Country Club Rd. Tucson, AZ

- The Great American Smoke Out (GASO) is November 15th and the PCHD is partnering with the Tucson Fire Fighters Association (TFFA) for their annual Adopt-a-Family program. From November 5th through November 23rd, TFFA will accept toys, clothes, or non-perishable food items at ALL 22 Tucson Fire Department locations. Please consider donating!
- A Community Health Needs Assessment Forum will be held on Friday, November 30, 2018, from 9-11AM at Abrams Public Health Center (3950 S. Country Club Rd), in the first-floor conference rooms. A formal invitation will be sent out in the next 2 weeks but please save this date. For additional details, e-mail Mary at: Mary.Kinkade@pima.gov

Next Meeting

The next meeting is scheduled for Thursday, November 15, 2018 at 9:00am at the Abrams Public Health Building located at 3950 S. Country Club Tucson, AZ. You can also join by phone 520-222-1111 using the access code 9572950#.

If you have any agenda items for the next meeting, please e-mail them to Debbie.

Adjourn



Southern Chapter of the Arizona Falls Prevention Coalition

Mini Expo Recap

Results based off 27 completed evaluations

Number of Attendees

Golder Ranch: 3

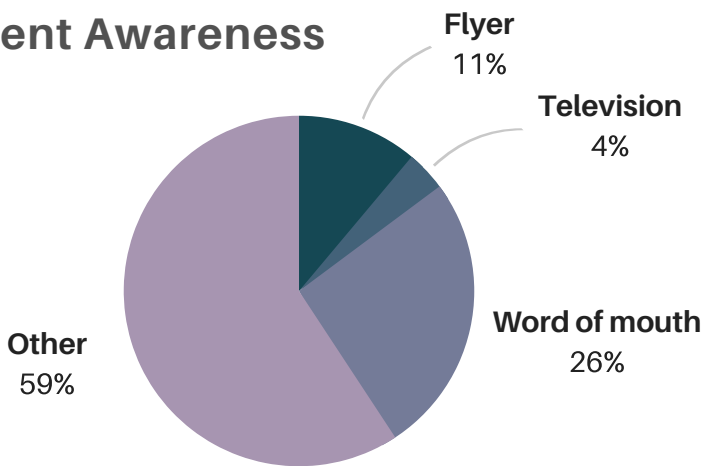
Jewish Community Center: 27

Ellie Towne: 43

87% of respondents plan to make changes to prevent falls based on info they received at a mini expo

93% of respondents have a primary care provider

Event Awareness



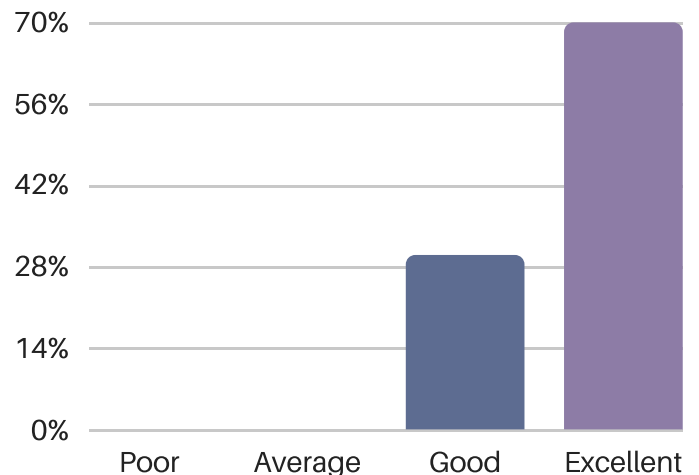
Other Sources

- Ellie Towne
- Enhance Fitness Class
- Never Too Late Newsletter
- Facebook
- Tucson Society of the Blind
- AZ Daily Star

Suggestions for Next Year

- Wider advertising to get more people
- Notepads for taking notes
- Limit background talking
- All senior centers should publicize the event

Overall Events Rating



Positive Feedback

"The people at the tables were very informative"

"Well worth the time!"

"Friendly People"

"All speakers were very informative"

"Great information that's very useful. Info on resources available is important. Informal, friendly environment"

"Short talks"