



**Substance Misuse and Mental Health Alliance  
Community Awareness Task Force  
Meeting Minutes – Wednesday, September 19, 2018  
2:00-3:00 PM  
Abrams Public Health Center Room 1104**

**In Attendance**

Brooke Reaves, *Carondelet - St. Joseph's Hospital*  
Charlotte Smith, *Pima County Health Department*  
Cholpon Rosengren, *United Way of Southern Arizona*  
Cynthia Purcell, *CODAC*  
Debbie Krueger, *Connections*  
Gertha Sicobo, *Pima Council on Aging*  
Jamal Givens, *Community Family Resources*  
Jessica Mitchell, *Tucson Medical Center*  
Karla Avalos, *City of Tucson Mayor's Office*

Kelly Flores, *America's Rehab*  
Linda Leatherman, *Pima County Com. Dev. and Neighborhood Conserv*  
Maggie Myers, *Marana Prevention Alliance*  
Margie Mortimer, *Community Advocate*  
Mary Kinkade, *Pima County Health Department*  
Melvin McGowan, *Pima County Health Department* Jamal Givens,  
Nic Cogdall, *Pima County Health Department*  
Noel Valle, *Pima County Health Department*  
Rachel Cummings, *Pima County Health Department*

**Welcome**

Raul Munoz of the Pima County Health Department (PCHD) welcomed everyone in attendance and a round-robin of introductions was done. The group was provided a copy of the agenda, the action plan for the Community Awareness Task Force, and a summary of the action plan for the entire Substance Misuse & Mental Health Alliance.

**Train-the-Trainer Presentation in August**

Raul offered a brief overview of the RX 360 training that was provided at the August Community Awareness meeting and passed out training certificates to those in attendance. Raul noted that the Prescription Drug Overdose Program can offer additional trainings for those who were unable to attend the August training.

**School Contacts for Presentations**

Raul spoke about the schools the group plans to target and the group discussed points of contact and potential presenters:

- Walden Grove High School (Sahuarita School District)
  - Natalie George of Touchstone Health Services plans to present.
- Catalina Foothills High School (Catalina Foothills School District) – Jody Brase (Principle) is the point of contact.
  - Debbie Krueger is interested in presenting here.
- Tucson High School (Tucson Unified School District)
  - Shawna Rodriguez is the point of contact.
  - Karla Avalos is interested in presenting here.
- Sunnyside High School and Pueblo High School (Sunnyside School District)
  - Gabriel Moraga is the point of contact.
  - Jamal Givens is interested in presenting here and has been in contact and received permission to present at both the middle and high schools.
- Amphi Theater School District
  - Cherie Gaither is the point of contact for the district.
  - Andrea Garcia interested in presenting.

Raul noted that specific correspondence content is being drafted to help connect group members / presenters with each school's "point of contact." This correspondence will be sent out on behalf of Healthy Pima to help bridge the gap and ensure that the presentation is tailored to meet the needs of the school. The group noted that Marana High School and Flowing Wells High School were not included and can be added to the contact list.



### **Deterra Bags**

Raul shared that PCHD received 1,000 Deterra Bags from ADHS this month and that PCHD provided bags to all 26 Pima County Libraries. Each library posted flyers to inform the public about the bags and library staff were trained on how the bags work. Raul also noted that there are preliminary talks about providing Naloxone at hospitals. Additionally, the group discussed providing Deterra bags to hospice care. Raul suggested looking at larger versions of the Deterra bags, including the drum size for large volumes of pills.

The group discussed providing Deterra bags to other distributors including PCAO and the Lutheran Social Services Meals on Wheel program. Raul stated that all he needed was an email address of the distributor and the number of bags that they require, however, the bags are only available while supplies last. Additionally, bags are available to the public upon request.

### **Infographic Update**

Raul shared the new Dispose-A-Med infographic sheet that includes at home safe disposal methods for sharps and liquids as well as the addresses of all drop box locations. The infographic also includes information about the disposal of sharps and noted that the Southern Arizona AIDS Foundations (SAAF) and some clinics have them available. Sharps should also be placed in a sealed, impenetrable container for disposal while liquids should be disposed of using coffee grounds should be mixed with cat litter or coffee grounds before being placed in a sealed container.

Charlotte Smith and Rachel Cummings, AmeriCorps VISTA members at the Pima County Health Department, are in the process of dropping off Dispose-A-Med cards to all the drop box locations that include the website for the Dispose-A-Med program. Charlotte noted that sometimes pharmacists are unsure how to properly disposal of sharps and that the infographic sheet includes this information. The group recommended that the infographic include the date that the sheet was updated to ensure that the information accurately reflects the most up-to-date drop box locations, including rural sites.

Raul noted that there are new infographics under development that address youth substance misuse, neonatal abstinence syndrome, and older adult misuse as well as an updated Dispose-A-Med sheet. Noel Valle, Pima County Health Department, will be meeting with Pima County's Communications department to make suggested changes to the infographic sheets on September 20<sup>th</sup>. The group discussed providing the infographic at events including the Aging Summit.

### **ADHS Action Plan**

The group reviewed the action plan for the Healthy Pima Substance Misuse and Opioid Alliance and Raul offered a brief overview of the [ADHS Opioid Action Plan](#). The ADHS Plan provides statistics related to opioid use in Arizona and Raul noted how the Alliance's work aligns with the state's plan. The group is encouraged to review the ADHS plan and identify items that they would like incorporated into the Community Awareness action plan moving forward.

### **General Updates**

- Raul shared with the group that Andres Ruiz, a motivational speaker from I Believe in Myself, invited Raul to his podcast after attending last month's RX 360 Training. The podcast can be heard [here](#). To contact Andres, please email: [contact@ibelieveinmyself.org](mailto:contact@ibelieveinmyself.org)



**Substance Misuse and Mental Health Alliance  
Community Awareness Task Force  
Meeting Minutes – Wednesday, September 19, 2018  
2:00-3:00 PM  
Abrams Public Health Center Room 1104**

- Karla Avalos, City of Tucson Mayor’s Office, said the city’s census 2020 implementation plan can be presented to anyone who is interested, as they want to make sure they get an accurate count.
- Maggie Myers, Marana Alliance, mentioned that on October 13 there will be a medication take-back event at the Target in Marana (3901 W Ina Rd, Tucson, AZ 85741). October 27 will be a National Take-Back day event at the same Target in Marana. Additionally, Maggie mentioned that on October 23 there will be a [Teen Maze event](#) at Mountain View High School for tenth graders for them to learn the consequences of substance use
  - Maggie needs more people for the consequence stations at the event – contact her for details if interested: [mmyers@opendoorsschool.org](mailto:mmyers@opendoorsschool.org)
- America’s Rehab Campus is coordinating an Addiction Art Walk event at the park at Ft. Lowell with the Parks and Rec staff and Friends of Ft. Lowell.
- The next Dispose-A-Med Meeting will be held on Monday, October 15th at 1:30 pm at Abrams.

**Next Meeting**

Date: Wednesday, October 17, 2018

Time: 2:00-3:30 PM

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 1104

**Adjourn**