

Substance Misuse and Mental Health Alliance Community Awareness Task Force Meeting Minutes – Wednesday, August 15, 2018 2:00-3:30 PM Abrams Public Health Center Room 1104

In Attendance

Andrea Garcia, Pima County Health Department
Andres Ruiz, I Believe in Myself Coaching
Brooke Reaves, Carondelet St. Joseph's Hospital
Charlotte Smith, Pima County Health Department
Debbie Krueger, Connections
Jamal Givens, Community Family Resources
Jessica Mitchell, Tucson Medical Center
Karla Avalos, City of Tucson Mayor's Office

Laura Morehouse, Arizona Poison and Drug Information Center
Maggie Myers, Marana Prevention Alliance
Nic Cogdall, Pima County Health Department
Noel Valle, Pima County Health Department
Rachel Cummings, Pima County Health Department
Raul Munoz, Pima County Health Department
Roseanne Nguyen, Pima County Health Department

Welcome

Raul Munoz of the Pima County Health Department (PCHD) welcomed everyone in attendance and a round-robin of introductions was done. The group was provided a binder of materials and a thumb drive of resources related to the RX360 Training. Raul provided a brief overview of the training and noted that the training would be slightly different than previous trainings because the materials have been updated.

<u>Training the Trainers – RX360 Presentation</u>

- Raul shared the pre/post survey that should be provided to assess what participants learned and how they engaged with the information.
- Additional materials included:
 - Facts and figures including statistics that show the burden, impact on health, and substances being misused in Pima County
 - Signs and symptoms of medication misuse
 - Safe storage and disposal of left over medications
 - o Parent talking kit with tips on what to say
 - Resistance strategies for youth
 - Referral and treatment resources
 - Videos and presentations for High School and Middle School students with talking points to develop linkages
- Raul encouraged the group to reach out to him if they are planning on presenting and offered to serve as a
 resource to assist with presentation run-through and practice. Additionally, Raul noted that any presenter
 should cite and source any materials that they use but there is no requirement to include departmental logos.

Review Action Plan Completion Dates

Raul encouraged the group to take a look at the meeting minutes from the July meeting and the schools that had been identified to receive presentations. If anyone is interested in presenting, they should contact Raul at:

Raul.Munoz@pima.gov



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General Updates

- Raul notified the group that the next Dispose-A-Med meeting will be on August 20th at 1:30pm at Abrams.
- Jamal Givens from Community Family Resources shared that Sunnyside and Desert View High Schools will be holding their annual "Dual in the Desert" football game and that the school is interested in hosting a resource fair. Jamal encouraged the group in attendance to sign up.

Next Meeting

Date: Wednesday, September 19, 2018

Time: 2:00-3:30 PM

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 1104

Adjourn