



**Substance Misuse and Mental Health Alliance  
Community Awareness Task Force  
Meeting Minutes – Wednesday, July 18, 2018  
2:00-3:00 PM  
Abrams Public Health Center Room 1104**

**In Attendance**

Andrea Garcia, *Pima County Health Department*  
Debbie Krueger, *Connections*  
Karla Avalos, *City of Tucson Mayor's Office*  
Kathy Konecny, *Pima County Public Library*  
Gertha Sicobo, *Pima Council on Aging (PCOA)*  
Lee Itule-Klasen, *Pima County Health Department*

Mary Kinkade, *Pima County Health Department*  
Nic Cogdall, *Pima County Health Department*  
Noel Valle, *Pima County Health Department*  
Raul Munoz, *Pima County Health Department*  
Roseanne Nguyen, *Pima County Health Department*

**Welcome**

Karla Avalos, from the City of Tucson's Mayor's Office, welcomed everyone in attendance and a round-robin of introductions was done. The group reviewed the meeting minutes from June and a motion to approve the minutes was made.

**General Updates**

General updates from the group included:

- SUN Clinic is now located at TMC in the emergency department but plans for expansion are in the works. Follow-up meetings will be held with other hospitals around Tucson to tour the SUN Clinic and discuss ideas for collaboration to increase community awareness of services and decrease substance use-related deaths.
- BeMedSmart program will not be holding a July meeting but will resume their monthly meetings in August. The group meets the 4th Wednesday of every month from 3-4pm at the Ward 3 City Council office, located at: 1510 East Grant Road. PCOA will also be involved in developing a needs assessment with REBA and other organizations that will include hosting focus groups with older adults.
- The Pima County Public Library has received authorization to distribute Detera bags in the library branches. In August, Kathy will meet with the library branch managers to discuss offering Detera bags at each of the branch locations.
- On August 21<sup>st</sup>, the Pima County Health Department (PCHD) will meet with the Arizona Department of Health Services (ADHS) to discuss the distribution of naloxone and the creation of a state-wide social media plan to address opioid misuse in Arizona – PSAs, websites, etc. ADHS recently received another grant that will allow them to distribute Detera bags to Arizona counties. ADHS plans to provide PCHD with 900 bags for distributions. The small bags can hold up to 45 pills and the large bags can hold over 100 pills. For additional information, please contact Raul Munoz at: [Raul.Munoz@pima.gov](mailto:Raul.Munoz@pima.gov)
- The [2<sup>nd</sup> Annual Southern AZ Opioid Misuse Prevention Symposium](#) will be held on September 28, 2018 at the Tucson Convention Center, located at 260 South Church Street Copper in the Ballroom. It is anticipated that over 400 people will attend this year. Registration is \$55 (if you register by August 24<sup>th</sup>).
- The [2nd Annual Explore the World of Resources Providers' Summit](#) will be held on Thursday, August 23, 2018 at the Hotel Tucson City Center, located at: 475 N. Granada. The all-day event costs \$35 and breakfast, lunch and



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snacks will be provided. The PCHD, ADHS, and University of Arizona Center for Rural Health will all be presenting at the summit.

- ADHS is providing free hardbound copies of the 2018 Opioid Prescription Guidelines (while supplies last). You can view the digital version of the guidelines and also request hard copies here: <https://www.azdhs.gov/audiences/clinicians/index.php#clinical-guidelines-and-rx-guidelines-order>
- The TRUTH Campaign (which has historically focused solely on tobacco) has expanded their mission to include opioid education and a prevention campaign. Their new campaign is called: “[The Truth About Opioids](#)” and the website has many informational handouts, videos, and other resources that may be useful to the group.

### **Review Action Plan Completion Dates**

Raul Munoz, from the Pima County Health Department (PCHD), gave an overview of the task force’s action plan with updates to the plan thus far. Raul also provided the group with three data infographic handouts that PCHD is working on. The handouts include data on neonatal abstinence syndrome, the adult population (65+), and youth. The data on the flyers was taken from the 2016 Arizona Youth Survey. Group members can provide feedback on the flyer’s content (or any data that is more up to date) to Raul at: [Raul.Munoz@pima.gov](mailto:Raul.Munoz@pima.gov)

A group discussion was held around schools that the group would like to target. The group discussed pilot testing presentations with Tucson High, Sunnyside, and Cienega High School in Vail. It was also noted that Empire High School has been very engaged.

The group discussed potentially working with Marana, Flowing Wellness, Amphi, Tanque Verde, and Sahuarita school districts. If presentations are not possible, the group would like to host trainings for teachers to be able to refer students or student’s families that may be dealing with substance misuse.

In order to prioritize schools, it was decided that each group member will pick a school district to contact. Noel will send a list of his school contacts to Rose to add to the spreadsheet. Rose will send out a list of the identified schools and people can sign-up for schools they are willing to contact about providing presentations too.

The group discussed training youth advisory committees, student councils, and students groups to conduct peer-to-peer education. Due to time constraints, the discussion was tabled for next month’s meeting.

### **Next Meeting**

Date: Wednesday, August 15, 2018

Time: 2:00-3:30 PM

Event: Training of the Trainers

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 3102

### **Adjourn**