



**Substance Misuse and Mental Health Alliance
Community Awareness Task Force
Meeting Minutes – Wednesday, June 20, 2018
2:00-3:00 PM
Abrams Public Health Center Room 1104**

In Attendance

Debbie Krueger, *Connections (SUN Clinic)*
Gertha Sicobo, *Pima Council on Aging*
Kathy Konecny, *Pima County Public Library – Green Valley*
Linda Leatherman, *Pima County CDNC*

Margie Mortimer, *Community Advocate*
Mary Kinkade, *Pima County Health Department*
Raul Munoz, *Pima County Health Department*
Roseanne Nguyen, *Pima County Health Department*

Welcome and Updates

Rose welcomed everyone in attendance and a round robin of introductions was done. Introductions included general updates:

- Gertha was asked to present at the Tribal Wellness Conference in Casa Grande. She also spoke about the presentation Lt. Wildblood gave at the last BeMedSmart meeting. (The next meeting will be held Wednesday, June 27th from 3-4pm at 1510 E. Grant Road).
- Connections (SUN Clinic) started a family track/plan for families to participate in the recovery process. SUN Clinic is currently in the process of expanding their services to provide individual, couples and family counseling and psychoeducation for all substance use disorders, not just opioid and heroin treatment. The clinic also hired an RN to assist with medical conditions that their clients may be experiencing, such as STIs. The clinic is also looking to onboarding an OGYN and hopes to receive funding for their “Living Room” – a safe place for individuals who feel triggered, feel like using, are in a domestic violence situation, and others.
- Pima County Library (the Green Valley branch) will be partnering with the Pima County Health Department, the Pima County Sherriff’s Department and the Drug Enforcement Administration (DEA) to host a medication disposal event in either August or September.

The group reviewed the minutes from May and there was a motion to approve the minutes.

Prescription Drug Drop-Box Flyer

Rose created a new flyer that provides information on prescription drug drop-box locations in Tucson. She encouraged the group to use and distribute the flyer to their clients or individuals they work with.

Rose is working with her colleague to create a social media guide with consistent messaging around opioid use and proper medication disposal. The group brainstormed ideas for consistent messaging to promote proper medication disposal over the summer.

- Spring cleaning flyer with graphics saying: “You haven’t finished your Spring Cleaning until you’ve emptied your medicine cabinet.”
- Messaging around cleaning out your medication cabinet before vacationing or leaving home in the summer
- Messaging to target snowbirds

Question: Can you dispose of illegal drugs at drop box locations?

Rose will follow-up with DEA to find the answer.

Contact Survey Results

Rose presented the results from the survey members completed last week. The survey was intended to identify contacts and available community presentations and resources on substance use that can be provided to middle and high school



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students. The survey results were used to identify the gaps in school districts and to identify needed outreach events at school.

Rose and Mary will work together to build a page on the Healthy Pima website with real time information on available presentations and presenters. Additional suggestions included:

- A section where schools can request a presentation/presenter
- A fill-in area for Healthy Pima members and others to provide contact persons for school districts, times/days available to present and any available presentations, resources, and materials.

If you have school contacts, resources, youth presentations, or suggestions for the webpage, please send them to Rose at: Roseanne.Nguyen@pima.gov

July Meeting

Goals for the next meeting:

- Begin scheduling presentations with schools for the fall.
- Develop plan to provide the 26 libraries in Pima County with DETTERA bags for individuals to properly dispose of their remaining medications.
- Identify additional opportunities for increasing public awareness of proper Rx disposal.

A group discussion was held around the progress the group has made since the beginning of the year.

Next Meeting

Date: Wednesday, July 18, 2018

Time: 2:00-3:00 PM

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 1104

Adjourn