



**Substance Misuse and Mental Health Alliance
Community Awareness Task Force
Meeting Minutes – Wednesday, May 16, 2018
2:00-3:00 PM
Abrams Public Health Center Room 1104**

In Attendance

Dan Quintanarm *Tucson Water*
Debbie Krueger, *Connections*
Ernestina Limon, *Pima County Health Department*
Gertha Sicobo, *Pima Council on Aging*
Jamal Givens, *Community Family Resources*
Karla Avalos, *City of Tucson Mayor's Office*
Linda Leatherman, *Pima County CDNC*

Margie Mortimer, *Community Advocate*
Mary Kinkade, *Pima County Health Department*
Melvin McGowan, *Pima County Health Department*
Raul Munoz, *Pima County Health Department*
Roseanne Nguyen, *Pima County Health Department*
Ted Abrams, *Connections MAT Sun Clinic*
Valarie Marcum, *Dependable Health Services*

Welcome and Overview

Linda and Karla welcomed everyone in attendance and a round robin of introductions was done. The group reviewed the minutes from April and there was a motion to approve the minutes.

Brief Social Media Updates

Rose gave a presentation on the new Healthy Pima Facebook and Twitter media pages. If you have any resources, events, webinars, etc. to share with the group, please send them to HealthyPima@pima.gov and they will be posted on the Healthy Pima website and social media sites.

Referral & Treatment Taskforce Update

Rose provided an overview of a new real-time directory website the Referral and Treatment Task Force is developing. Rose walked the group through the different components of the website. The website is expected to be complete before the end of this year and updates will be provided to the group over e-mail.

Involvement of Faith-based Groups

Tina spoke about a conversation she had with the Roman Catholic Diocese of Tucson: Office of the Bishop. She set up an appointment for Raul and his colleagues to meet with the Bishop. When she hears back from the office about available meeting times, she will forward the information to Raul. The Bishop helped with the Meth Free Alliance initiative and the group would like to build a partnership with the Diocese to address the opioid epidemic in Pima County.

Dan suggested that a one-pager be developed and distributed to the faith-based community. The one-pager could also include a request to meet face-to-face with faith-based community leaders.

Tina suggested developing an article/ad that faith-based leaders could send out via their community newsletter (e.g., The Catholic Outlook, the official newspaper of the Diocese of Tucson). Another idea would be posting information to bulletin boards at churches.

Raul spoke about the two PSA radio announcements that have gone out to the public about the opioid epidemic. A group discussion was held around the increase in media attention. Some additional opportunities for media involvement include: The Morning Blend, Wellness Minute on Fox 11, and the Tucson Urban League.



School Initiatives Update

Jamal is working with Tucson Unified School District (TUSD) to provide mini-presentations (30-minutes or less) about prescription drug use and overdose to students at the beginning of the school year.

The Pima County Health Department has provided presentations to students at East Point High School about bullying and its correlation with substance misuse.

The Marketing, Education, Presentations and Outreach subgroup is working on a Google Drive spreadsheet for conducting outreach events at schools. The spreadsheet (when complete) will show:

- The contact person for each school district, when scheduling a presentation
- The people available to give presentations (general days/times)
- What presentations are available and needed

If you have school contacts, resources, or youth presentations, please send them to Rose at:

Roseanne.Nguyen@pima.gov

General Updates

- August 23rd, 2018: [World of Resources](#). Save the Date!
- Lt. Chris Wildblood from the Tucson Police Department will be presenting on marijuana regarding the risks and dangers at the next BeMedSmart meeting (held on Wednesday, June 27th). For more information please contact Gertha Sicobo at gsicobo@pcoa.org
- The next Dispose-A-Med meeting is Monday, May 21st at 1:30pm at the Abrams Public Health Center. The meeting will include the identification of new board members. If you are interested in attending, please contact Dan at: dan.quintanar@tucsonaz.gov
 - Dan would also like to share the following timeline with the group, regarding Dispose-A-Med activities:
 - National, state and county wide program
 - 2009 - Launch in Pima County
 - Pioneered by Oro Valley Police to mitigate potential prescription drug abuse
 - 2009 - Initially managed by Pima County Wastewater Reclamation to:
 - Build a coalition to address public health & safety; and address potential environmental impacts
 - 2011 - Program transferred to Health Department
 - 2014 - Became a 501c3 non-profit organization:
 - Affiliated with Center for Pima Basin Sustainability
 - 2018 - Under new structure: Dispose-A-Med Partnership no longer a Pima County - driven program
 - Currently a community coalition of 60 members



Safe Medication Disposal Subgroup Questions

Several questions were posed by the Safe Medication Disposal subgroup at the last meeting in May. Answers to those questions can be found below. For more details, please contact Raul Munoz at: Raul.Munoz@pima.gov

1. What entity/entities pay for the Take Back events held in Oro Valley?

Oro Valley AGENCY and or organization conducting the event pay for the disposal and destruction of the medicine collected. The cost usually depends on the how many pounds are collected.

2. What does it cost to maintain an Rx Dropbox?

The average cost will be close to \$800.

3. Can Pima County Health Department provide the library with Detera bags for their spring cleaning events? Can PCHD also provide HOPE, Inc. with some bags for their opioid outreach events? (The group also proposed partnering with Meals on Wheels to have the bags delivered to individuals who are homebound).

Yes. PCHD has Detera Bags available right now. PCHD only has a limited number but can potentially order more from ADHS. We can explore this further at next month's meeting.

4. Where can needles be disposed at?

Personal needles from a residence can be disposed of either in the home with appropriate thick plastic containers like a detergent bottle sealed with duct tape and or dropped off at Southern Arizona Aids Foundation by appointment.

5. Do pharmacies have Detera bags? If so, maybe we can partner with Walgreens to have them mailed out with medication for individuals who are homebound. (If they have funding/grants for Nacan, may they can get funding for Detera bags?)

This is a possibility. We would have to research the supply and availability of the Detera bags to be distributed. It would need to be a partnership between the state health department (ADHS), the Pima County Health Department and Walgreens. We can explore this further at next month's meeting.

6. How are the Rx takeback events advertised? How do we get the flyers for the events to promote?

Take back events are promoted through flyers made by the organization, radio wheels, word of mouth, PCHD website, Healthy Pima site, social media outlets, news, and the [Dispose-A-Med website](#). Rose has also developed a flyer with drop-box locations and an online Google Map with locations as well. Flyers to promote events can also be requested through DAMP. Contact Dan for more information at: dan.quintanar@tucsonaz.gov

7. Can we work with Meals on Wheels to deliver the bags?

If we have enough bags available, yes. We can discuss further at next month's meeting.

8. Addition group comments include:

- The group would like a copy of the spreadsheet that shows the number/pounds of medications collected by Dispose-A-Med and other entities.
- The group would like to look into a hotline people can call to be sent a DETERRA bag (for homebound individuals). Maybe we can find some grant funding for this through ADHS or the Governor's Office.



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Did You Know?

The group did a video recording for a “[Did you know?](#)” campaign created by the [Liberty Partnership Kino Neighborhoods Coalition](#). The coalition combats the use of alcohol, marijuana and Rx drugs among youth in the south-side neighborhoods of Tucson. See more “did you know?” videos and photos [HERE](#).

Next Meeting

Date: Wednesday, June 30, 2018

Time: 2:00-3:00 PM

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 1104

Adjourn