



**Substance Misuse and Mental Health Alliance
Community Awareness Task Force
Meeting Minutes – Wednesday, April 18, 2018
2:00-3:00 PM
Abrams Public Health Center Room 1104**

In Attendance

Debbie Krueger, *Connections*

Jamel Givens, *Child & Family Resources*

Kathy Konecny, *Pima County Public Library*

Linda Leatherman, *Pima County CDNC*

Nic Cogdall, *Pima County Health Department*

Susan Arnold, *HOPE, Incorporated*

Ernestina Limon, *Pima County Health Department*

Jill Lanning, *Dependable Health Services*

Lee Itule-Klasen, *Pima County Health Department*

Mary Kinkade, *Pima County Health Department*

Sam Kirschbaum, *HOPE, Incorporated*

Valerie Marcum, *Dependable Health Services*

Welcome and Overview

Linda thanked everyone in attendance and a round robin of introductions was done.

Linda gave a brief overview of the agenda and Mary summarized last month's meeting minutes including the proposed activities by each subgroup.

Strategic Planning

The Task Force broke up into two subgroups:

1. Safe Medication Disposal
2. Marketing, Education, Presentations and Outreach

Each group was provided with a copy of the Action Plan and previous meeting minutes for review. A discussion was held by each group to identify what activities they plan to conduct first.

Safe Medications Disposal Subgroup

The group will look into offering Deterra bags at the public libraries during their Spring Cleaning events. The group will also reach out to Meals on Wheels to explore the idea of delivering Deterra bags to seniors who are homebound or can't drive. Additional comments from the group included:

- Kathy met with the Pima County Sherriff's Department to discuss the potential of hosting Rx droboxes at the Pima County libraries. Currently, the Sherriff's Department hosts 4 outreach events every 6 months (on in April and one in October). They pay for the police officers to be present and for the disposal cost of the medication. Events also have to be held outdoors.
- Dependable Health Services has Dispose-A-Med flyers available to residents but would like to provide flyers on upcoming Rx take-back events if/when available.
- HOPE Inc., received funding from the State Targeted Response (SRT) grant and is providing peer-support services via outreach and navigation services. They are also targeting individuals that are underinsured and uninsured and are primarily working with heroin addicts.
- The Governor's Office has funding available for Rx droboxes, but who will cover the maintenance costs? The group will explore this in more detail at the next meeting.
- The group would like more information on the process to have an Rx drobox installed including associated costs and liability. Mary will connect with Raul to provide this information to the group via e-mail.



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- If pharmacies have funding for Narcan, maybe they can also get funding for Detera bags? Walgreens currently offers Narcan at no cost.

Education, Presentations, Marketing, Media and Outreach Subgroup

The group plans to conduct the following activities:

- Contact faith-based organizations about conducting outreach events and develop materials to present.
- Develop trainings and presentations that can be used by teachers and school staff.
- Using the existing tobacco-prevention framework, expand the current curriculum to include topics related to substance misuse and mental health.
- Increase the presence of substance misuse and mental health materials in the community by attending health fairs and conferences such as the League of United Latin American Citizens (LULAC) and the Youth and Peace Conference.

Updates to the Action Plan

See page 3.

General Updates

Jamal encouraged the group to attend the “You’re Not Alone: Community Awareness Workshop” on Thursday, April 19, 2018. The event will showcase information on substance use and prevention for parents to communicate with their children. See page 4 for more details. You can also RSVP for the event at the following link:

<https://www.lpknc.org/en/events/139/youre-not-alone-workshop/>

Next Meeting

Date: Wednesday, May 16, 2018

Time: 2:00-3:00 PM

Location: Pima County Health Department: 3950 S. Country Club Rd. Tucson, AZ 85742

Room: 1104

Adjourn



Updates to the Action Plan

Action Item/Assignment	Responsible Person(s)	Timeline
Contact faith-based groups about hosting presentations and set-up meetings to present to their staff and the congregation. <ul style="list-style-type: none"> Pima County Interfaith Council Diocese of Tucson 	<ul style="list-style-type: none"> Susan Arnold Tina Limon 	Outreach to be conducted by May 16 th (next Task Force Meeting)
Develop materials to share with interfaith groups (i.e. PowerPoint, video) using key information from the RX 360 Toolkit.	<ul style="list-style-type: none"> Jamal Givens Raul Munoz (?) Roseanne Nguyen (?) 	May 16, 2018
Use existing tobacco-prevention framework to incorporate substance misuse and mental health components. Use RX 360 to develop trainings and presentations for the upcoming school year.	<ul style="list-style-type: none"> Education, Presentations, Marketing, Media and Outreach Group 	September 2018
Partner with PTAs – Offer events and community forums at variety of times and locations e.g., YMCA and libraries.	<ul style="list-style-type: none"> Alexis Newman SUSD (Margie Mortimer) Karla Avalos 	TBD
Increase presence at community events including Pima Community College, UofA, health fairs, and DES Summit; Connect with DES and counselor.	<ul style="list-style-type: none"> Margie Mortimer Debbie Krueger Linda Leatherman (To table or attend the DES Summit call: 724-6780) 	Ongoing
Conduct messaging and marketing via emails, school messaging boards, online portals, e-newsletters, phone apps, and neighborhood newsletters.	<ul style="list-style-type: none"> Margie Mortimer Karla Avalos 	Ongoing
Identify potential funding for Detera bags.	<ul style="list-style-type: none"> Mary Kinkade Raul Munoz 	May 2018
Explore the idea of offering Detera bags at the public libraries.	<ul style="list-style-type: none"> Kathy Konecny Raul Munoz Mary Kinkade 	
Promote Rx takeback events and conduct public service announcements.	<ul style="list-style-type: none"> Safe Mediations Disposal Group 	Ongoing
Advertise Rx dropbox locations on community partner websites.	<ul style="list-style-type: none"> Safe Mediations Disposal Group 	May 16, 2018