



**Substance Misuse and Mental Health Alliance
Community Awareness Task Force
Meeting Minutes – Wednesday, February 20, 2018
2:00-3:00 PM
Abrams Public Health Center Room 1104**

In Attendance

Christian Ferrira, Counter Drug Task Force
Ernestina Limon, Pima County Health Department
Gertha Sicobo, Pima Council on Aging
Jamal Givens, Community Family Resources
Kathy Konecny, Pima County Library
Heather Paddock, Counter Drug Task Force

Heaven Rendon, Community Family Resources
Maggie Myers, Marana Prevention Alliance
Nic Cogdall, Pima County Health Department
Noel Valle, Pima County Health Department
Rachel Cummings, Pima County Health Department
Raul Munoz, Pima County Health Department

Welcome

Raul Munoz, Pima County Health Department, welcomed the group in attendance and a round of introductions was completed. Raul also provided an overview of the Community Awareness task force and the role it played within the broader Substance Misuse and Mental Health Alliance for new members of the group.

Co-Lead Discussion

The group was given an update on the current co-leads; Karla Avalos of the City of Tucson Mayor’s Office has taken a position with Anne Kirkpatrick and will be unable to attend meetings moving forward. Additionally, Linda Leatherman of the Pima County Community Development and Neighborhood Conservation Department will need to focus her efforts on other priorities and will be stepping down as co-chair but will still maintain a connection with the Community Awareness task force and the faith-based community. Jamal Givens from Community Family Resources has expressed interest in co-chairing the group. To help ensure community ownership of the action group, the group hopes to gain an additional co-chair. If you are interested please contact Healthy Pima at HealthyPima@Pima.gov.

School Presentations Update

Rachel Cummings, Pima County Health Department, shared some details on how the Rx360 presentation has been augmented to incorporate mental health information. These adjustments were made at the request of the students and additional slides were included to provide information to address the needs expressed by the student populations. This includes adding information on mental health, stress, and healthy coping mechanisms. The added slides also include resources including crisis helplines and suicide prevention. Slides will be included with the meeting minutes.

Raul and Rachel shared an informational card that provides a brief overview of the Rx360 training for anyone who may be interested in hosting a training. Additionally, Raul provided the group with a survey for individuals that participated in the Rx360 training. This survey assesses how well the participants understood the training materials and can be augmented depending upon the audience. The group provided feedback including the addition of a pre/post component to determine a change in understanding and making the survey more in-depth to ensure that the actual content is being understood.

Community Mental Health and Substance Misuse Team

Ernestina Limon, Pima County Health Department, provided an overview of the Health Department’s new Community Mental Health and Substance Misuse team. This team was put together in December to begin working on mental health at a department-wide level in conjunction with the overdose prevention program. The team will be working on providing mental health first aid classes to staff that be provided to the community down the line. The group will also be working on suicide prevention work using a trauma-informed care perspective and will be working with Arizona Health Start to provide services to substance-exposed children and their mothers.



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General Updates

- Raul notified the group that the Pima County Health Department will be receiving naloxone and deterra bags for distribution from the Arizona Department of Health Services in the coming weeks.

Next Meeting

Date: Wednesday, March 20th

Time: 10-11am

Location: Abrams Public Health Center

Room: 1104

Adjourn