



**Substance Misuse and Mental Health Alliance**  
**Community Awareness Task Force**  
**Meeting Minutes – Wednesday, November 28, 2018**  
2:00-3:00 PM  
Abrams Public Health Center Room 3110

**In Attendance**

Andrea Garcia, Pima County Health Department	Maggie Myers, Marana Prevention Alliance
Brook Reeves, Carondelet St. Joseph	Margie Mortimer, Community Advocate
Charlotte Smith, Pima County Health Department	Nic Cogdall, Pima County Health Department
Cynthia Purcell, CODAC	Noel Valle, Pima County Health Department
Jamal Givens, Community Family Resources	Rachel Cummings, Pima County Health Department
Karla Avalos, City of Tucson Mayor's Office	Raul Munoz, Pima County Health Department
Linda Leatherman, Pima Co. Comm. Dev. & Neighborhood Conserv.	Susan Towne, Pima County Juvenile Court

**Welcome & Review of October Meeting**

Karla Avalos (City of Tucson Mayor's Office) and Linda Leatherman (Pima County Community Development and Neighborhood Conservation) welcomed everyone in attendance and introductions were done.

The group was provided a copy of the agenda and given an opportunity to review the agenda items. The group reviewed the previous meeting minutes and unanimously approved them.

**Action Plan Implementation Update**

The group discussed the ongoing RX 360 presentations at schools across Pima County. This includes updates on schools that have been contacted and ones that have already been presented to.

- Raul Munoz and Rachel Cummings (Pima County Health Department) shared that a presentation was given at Sabino High School to approximately 120 students across 5 periods.
  - There will be future presentations at Apollo Middle School and Cholla High School.
  - Rachel shared that elements of the presentation are being augmented to incorporate mental health topics to meet the interests of the students. Additionally, Andrea Garcia (Pima County Health Department) has integrated tobacco education into the presentations.
  - Raul and Rachel are using Community Share ([www.communityshare.us](http://www.communityshare.us)) to coordinate with teachers to set up the RX 360 presentations.
- Raul noted that some of the materials provided through the Governor's Office of Youth, Faith, and Family for the RX 360 are out of date. Raul has reached out to get updated materials. If anyone needs additional materials, contact Raul at [raul.munoz@pima.gov](mailto:raul.munoz@pima.gov)
- Raul shared that several schools including Lauffer Middle School have integrated substance misuse education with their physical education. This concept may serve as an opportunity for additional collaboration with the schools.
- The group recognized the progress they have made and it was noted that the increase in requests from schools for Rx 360 presentations by Task Force members reflects the trust schools have in the presentation.
- Linda Leatherman (Pima County Community Development & Neighborhood Conservation) informed the group that Interfaith Community Services, which includes over 106 partner organizations, is interested in distributing Deterra Bags to help dispose of excess medications. The group discussed strategies for presenting to churches including presenting to church groups. It was also noted that approximately 60 organizations are typically present at monthly meetings.

**Social Media Update**

Charlotte Smith (Pima County Health Department) asked that the group to provide content for the Healthy Pima social media accounts. She also updated the group on the status of the three new infographics the group is developing that address the subjects of neonatal abstinence syndrome, substance misuse among older adults, substance misuse among youth.



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Additionally, the new Dispose-A-Med flyer has been finalized and can be found [here](#). The group was made aware of the online directory the Referral and Treatment Task Force is developing. The expected completion date for the directory is spring of 2019. Finally, Charlotte informed the group that not all Walgreens locations are aware of what can be accepted at a prescription drop box, regardless of whether or not the location has a drop box on site.

**General Updates**

- Noel Valle (Pima County Health Department) will be providing a National Alliance on Mental Illness (NAMI) presentation on December 3<sup>rd</sup> to Tucson High School and will promote the RX 360 toolkit.
- Jamal Givens, Community Family Resources, informed the group that Sunnyside school district has given approval for the Task Force to provide RX 360 presentations, however, teacher's schedules are currently full until the end of the semester. Jamal will work to identify times during the spring to present. He also hopes to integrate content on vaping into the presentation. Additionally, Jamal recommended that the group develop a brief introductory interview to help inform teachers of the content covered in the RX 360 toolkit.
- The Marana Prevention Alliance will provide an RX 360 training to the Pima County Superintendent on December 4<sup>th</sup>.
- HOPE Inc. and Community Bridges provide peer support to the inmate population and are exploring how to provide support services to this population earlier on.
- If anyone has specific items that they need assistance with (presentations, events, etc.) please contact Raul at [Raul.Munoz@pima.gov](mailto:Raul.Munoz@pima.gov).
- **No meeting in December due to the holidays.** All Substance Misuse and Mental Health Task Forces will meet in January where Cindy Potter from The Haven will provide a presentation on the science of addiction and the role Adverse Childhood Experiences (ACEs) play in substance misuse.

**Next Meeting**

**Date:** Wednesday, January 23<sup>rd</sup>

**Time:** 10-11am

**Location:** Abrams Public Health Center

**Room:** 1106/1108

Regular Community Awareness Task Force meetings will resume in February, 2019.

**Adjourn**