



## Notes

### Collaboration Meeting Group

Tuesday, May 17, 2022

2:00-3:30 pm

TEAMS

#### Present

Andrea Melton	CODAC 380
Andrew Moore	PPCHD Community Mental Health and Addiction
April Guzman	AZCH-CCP
Arisia Lee	Pima County Health Department
Christina Saxton	380 CODAC
Claudia Adams	Program Specialist
Dan Barden	CODAC
Elena Cameron	Arizona Center for Rural Health
Elizabeth Stamm	Pima County Health Department
Hollie Watson-Smith	Pima County Health Department
Josephine Korchmaros	University of Arizona - SIROW
Kimberly Wang	Pima County Health Department
Kristin Lindberg	The Haven
Norma (Alex) Fernandez	CODAC
Sara Lind	Pima County Health Department
Selene Brambl	Pima County Health Department
Shane Wilson	CBI Pinosor Outreach supervisor
Shawn Wooll	Codac 380
Sonia Lee	Acadia Healthcare
Stephanie Robles	CBI Outreach Lead Navigator
Terry Nordbrock	Pima County Health Department
Valerie Grothe	Clinical Supervisor for La Frontera- RAPP street outreach

#### **2:00-2:05 PM Welcome/Overview of Today's Meeting/Top 3 Items to Address**

- Alex Fernandez, CODAC

#### **2:05-3:15 PM Determining Root Causes of Top Items to Address**

Arisia Lee, PCHD – At a previous meeting you all identified three top issues to address:

1. Self-medicating
2. Stigma
3. Discrimination around SUD

- We are in the beginning stages of action planning for this group. Two meetings ago you all identified three top issues to address. Today we will dive down to the root causes. Later, we will identify goals, strategies, and activities to address these issues.

**Question 1**  
Issue to address: Self-Medicating  
Why is this problem happening?  
(add words on a sticky, one idea per sticky)

**TOP ROOT CAUSE**  
Untreated trauma

**Question 2**  
Why is the problem stated in #1 happening?  
(add words on a sticky, one idea per sticky)

**TOP ROOT CAUSE**  
Untreated trauma

**Question 1**  
Issue to address: Stigma around Substance Use Disorders.  
Why is this problem happening?  
(add words on a sticky, one idea per sticky)

**TOP ROOT CAUSE**  
People's beliefs that substance abuse is not a disease. It is a choice.

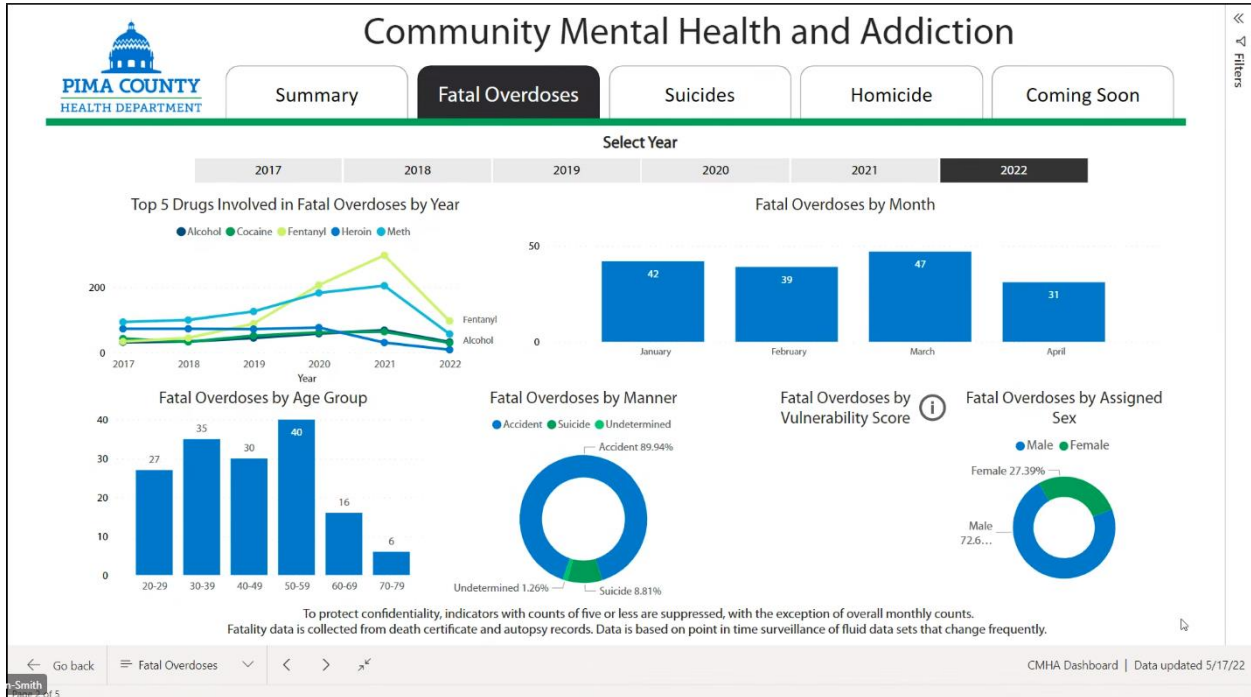
**Question 2**  
Why is the problem stated in #1 happening?  
(add words on a sticky, one idea per sticky)

**TOP ROOT CAUSE**  
Because they do not understand the biology of addiction.

- We will use the online brainstorming feature of Mural to collaborate today
- <https://app.mural.co/t/pimacountyhealthdepartment3705/m/pimacountyhealthdepartment3705/1648761523252/9dae37fa5aa71ac828330bb140e4eee915442045?sender=ud1a42ad22ce63a4fd73e4807>
- Alex notes that we talk a lot about stigma around Substance Use, but a better term would be DISCRIMINATION
- Alex notes: “The brain actually changes with addiction, and it takes a good deal of work to get it back to its normal state. The more drugs or alcohol you’ve taken, the more disruptive it is to the brain”
- Selene Brambl: “A great book about the physiology of addiction is in the Realm of Hungry Ghosts by Dr. Gabor Mate”

**3:15-3:25 PM Data Sharing**

- Hollie Watson-Smith, PCHD
  - Stimulant deaths go up in the Summer; affected by heat





**3:25-3:30 PM      Wrap Up**

- Alex Fernandez, CODAC
- Valerie from La Frontera, announcement:
  - We just had our grand opening for the Center of Hope
  - Great media coverage
  - All apartments are full
  - We are moving into that building soon
  - Cooling station soon; flyer will be updated

**Next Meeting**

Results from Determining Root Causes  
Action Plan: Goals, Objectives, Strategies  
Data Sharing