



Notes

Collaboration Meeting Group

Tuesday, March 28, 2023

2:00-3:30 pm

TEAMS

Present

<u>Name</u>	<u>Organization</u>
Elizabeth Stamm	PCHD
Mayra Jeffery	PCHD
Arisia Lee	PCHD
Dedra Clark-McGee	PCHD
Alex Fernandez	CODAC
Christina Saxton-Valdez	CODAC
Claudia Adams	Arizona Complete Health
Sarah Graham	Oxford House
Shawn Wooll	CODAC
Nicole Struck	Tucson Osteopathic Medical Foundation (TOMF)
Nick Onate	Etano Center Clinic
Leah Morales	PCHD
Leslie Gallaher	Tucson Police Department
Adriana Laigo	PCHD
Amanda Williams	LifeShare
Lee Hopkins	Community Safety, Health & Wellness Program – City of Tucson
Joseph Stockman	CODAC
Monecia Hill	Community Medical Services
Jennifer L. Kent	Arizona Complete Health

Welcome/Overview of Today's Meeting

- Alex Fernandez, CODAC
 - Prescription Misuse Initiative

SUD Updates

- AZ Complete Health: Claudia Adams
 - Public health emergency funds are ending March 31st. However, there are other grant funds available. For more information about these funds, contact Claudia Adams at Arizona Complete Health: CLADAMS@azcompletehealth.com

Data Sharing

- Mayra Jeffries, PCHD
 - Alerts for an increase in overdoses in Pima County were sent out in both December and January. An alert was not sent out in February because there was a decrease in overdoses.
 - Pima County Health Department’s Chronic Pain Self-Management Program begins Friday, March 31, 2023. This course is to learn how to manage your own chronic pain or to help someone you are caring for manage their chronic pain. The course is free and includes a workbook and CD.
 - Pima Helpline Update
 - This group developed Pima Helpline
 - You Are Not Alone Campaign
 - First 4 sessions are free
 - If your organization needs Naloxone:
 - To find a map with Narcan Community Distribution Sites, go to: <https://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=743568>
 - To request naloxone: CMHA@pima.gov
 1. Someone from the CMHA team will send an application


Program Updates

CODAC PPW Transitional Living Program

- Alex Fernandez, CODAC
 - PPW Flyer in chat for transitional living program casitas. Call Alex if you have questions or want to visit the casitas or learn more about them.
 - Kids are allowed at PPW.
 - Do not have to be initially enrolled in CODAC, but at some point, they will need an intake through CODAC.
 - Even if they are enrolled in CODAC, they can still get Meds through CMS.
 - They will be connected to a therapist and trauma and recovery empowerment.

PPW Transitional Living Program

Refer to CODAC's Transitional Living Program for Pregnant & Postpartum Women & Their Children



You can help moms with substance misuse disorders. Refer them to CODAC today.

Call 520.343.5342 or email PPWHouse@codac.org.

We welcome referrals from:
Medical Professionals
Mental Health Professionals
DCS, Judges & Attorneys
Probation Officers
Other Criminal Justice System Professionals

Safe, Sober Transitional Living Program for Women & their Children
Pregnant, postpartum and parenting women with substance misuse disorders now have access to a beautiful sober living community.

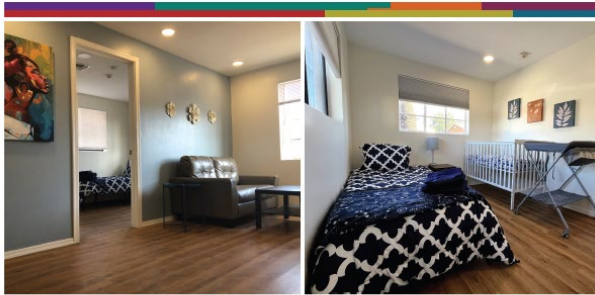
- Newly renovated, fully furnished two-bedroom casitas with plenty of space for moms and their children to thrive.
- Laundry facilities attached to each casita.
- On-site staff offices and community rooms.
- On-site childcare while moms are in treatment programming.
- Support obtaining groceries, finding job and receiving necessities for children (toys, clothing, developmental activities, etc.).
- Opportunities to develop healthy relationships and recovery skills.

Best-Practice substance misuse treatment provided on-site, in-clinic and virtually
Members in this program have access to CODAC's array of substance misuse treatment options to meet their specific needs, such as:

- On-site support and encouragement from certified Peer Support Specialists – other women who are in recovery themselves!
- Intensive Outpatient Program (IOP) providing at least nine hours of evidence-based treatment each week (required).
- Trauma Recovery and Empowerment Model (TREM) group-based intervention for trauma recovery among women with histories of exposure to sexual and physical abuse.
- Individual therapy.
- Couples and family therapy.
- Dosems of therapy, wellness and support groups offered throughout the week to help prevent relapse, address trauma and strengthen recovery skills.
- Medication Assisted Treatment (MAT) for substance misuse, with a specialization in MAT for pregnant and postpartum women.
- Parenting skills groups and individual coaching.
- Close coordination with specialty courts and Department of Child Safety to help keep families together.

Access to all services is dependent on insurance or grant eligibility. CODAC's Benefits Eligibility Specialists will gladly meet with individuals to discuss benefits available through insurance and current grants.

CODAC
HEALTH • RECOVERY • WELLNESS
Improving Health, Transforming Lives.
Locations in Tucson, AZ
T 520.327.4505 • F 520.202.1889 • CODAC.org



"I am thankful for a renewed life that is blissful.

And I'm grateful for everyone at CODAC who believed in me."

Brittany,
Former program resident &
current CODAC recovery coach



Improving health & wellness for the whole person

Residents in CODAC's Pregnant & Postpartum Women (PPW) Transitional Living Program also benefit from CODAC's integrated wellness services addressing the full spectrum of physical, emotional, behavioral, social, relational and environmental factors that impact wellness.

- Primary Care and OBGYN services.
- Psychiatric care for medication management and monitoring of mental health concerns.
- Treatment for perinatal and postpartum depression and anxiety.
- Employment services for help finding and keeping a job.
- Acupuncture for pain management.
- Criminal Justice Team to help fulfill requirements of probation/parole.

Help a woman and her children have a safe place to live

Refer a woman with a substance misuse disorder to CODAC's Pregnant & Postpartum Women Transitional Living Program today. Depending on program vacancies, beds may be available for moms and children immediately.

Contact the PPW Transitional Living Program today at 520.343.5342 or email PPWHouse@codac.org.

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Oxford House Update

- Sarah Graham, Oxford House
 - Has houses for women with kids and more. They can go to these houses after the PPW program.
 - Community Recovery Event on May 27th: Runs for Recovery Event
 - If interested in tabling, the deadline is April 15th.

OXFORD HOUSE PRESENTS

RUNS 4 RECOVERY

2023

**SATURDAY
MAY 27TH, 2023
FIRST PITCH
8:00am**

**TODD M. HARRIS
SPORTS COMPLEX
2400 S CRAWCROFT RD
TUCSON, AZ 85711**

SAVE THE DATE

BOOTH SPONSORSHIP INFO	SOFTBALL TOURNAMENT INFO
SARAH GRAHAM (520-373-4590)	CASSIE DUST (520-373-0518)
ZAC MARTINEZ (520-279-1556)	BRAD ABBOTT (602-370-8430)



Healthy Pima Update

- Arisia Lee, PCHD
 - The final Community Health Improvement Plan was shared with the group. All group members who wanted a copy were emailed a copy.
 - The group was asked if they were interested in a Collaboration Group page on Facebook. A consensus was not reached.
 - The most recent Healthy Pima Newsletter was shared with the group, and they were asked if anyone had program news they would like posted in the Healthy Pima Newsletter.
 - The group was asked if any support was needed for action plan activities.

Wrap Up

- Alex Fernandez, CODAC

Next Meeting

April 25, 2:00-3:30, Teams

Data Sharing

Action Plan: Updates