



AGENDA
Collaborative Meeting Group
Tuesday, March 15, 2022
2:00-3:30 pm
TEAMS

Participants

April Guzman
Arisia Lee, Pima County Health Department (PCHD), Healthy Pima Coordinator
Chris Ciarvella, Tucson PD (Guest)
Christina Saxton
Daniel Barden, CODAC
Danielle T. Vince, Cenpatico
Edward Moreno
Elizabeth Stamm, PCHD
Hollie Watson-Smith, PCHD CMHA
Kathleen Dugan
Kimberly Wang, PCHD
Kristin Lindberg - The Haven (Guest)
Lourdes I. Ayon
Mark Person, PCHD CMHA
Mayra Jeffery, PCHD CMHA
Norma (Alex) Fernandez, CODAC
Sarah Graham, Oxford House
Tania Long, Arizona Complete Health
Terry Nordbrock, PCHD
Victoria Micharski, Tucson Pima Collaboration to End Homelessness?

Welcome

- Alex Fernandez, CODAC

Action Plan Example

- Arisia Lee, PCHD shared attachment "Action Plan Example.doc" which this group can use to collect its Goals, Objectives, Strategies, and Policy changes.

Goal 1:	Improve type 2 diabetes education and self-management among residents of Pima County.				
Objective 1:	By December of 2022, the Together 2 End Diabetes group will implement 1 strategy to increase educational opportunities for residents of Pima County with type 2 diabetes.				
Strategy 1:	Increase access to affordable and quality type 2 diabetes self-management programs.				
Policy change to accomplish objective	Educating Federally Qualified Health Centers (FQHC's) about available educational resources their will refer patients to.				
Baseline Measurement	WIN Measure: % of adults with diabetes (CDC)				
Tactics/Activities	Responsible Person	Expected Outcome	Timeframe	Progress and Updates	Assets/resources to be used
Provide educational workshops on type 2 diabetes self-management and control.	Together 2 End Diabetes Task Force	50 no cost diabetes workshops held.	Feb. – Dec. 2022		<ul style="list-style-type: none"> • Together 2 End Diabetes Task Force • Health Department meeting rooms • FQHC PCP's & NP's

How to Use Mural

- Arisia Lee, PCHD, shared a link to an online Mural collaboration site board and invited participants to log in and explore.
- Reviewed instructions for how to create a Mural account (see 4-page instruction sheet in Calendar invite), how to add a “Sticky Note” comment to Mural, and how to vote.
- 15 people succeed in logging in to the Mural board, of 22 on our online Teams call.
- Group members who were not able to login were instructed to write their comments in TEAMS chat and comments would be copied into Mural.

<https://app.mural.co/invitation/mural/pimacountyhealthdepartment3705/1647028001831?sender=ud1a42ad22ce63a4fd73e4807&key=50b74966-2202-440d-a4d1-8137b6909c14>

CHNA Summary: Substance Use Disorder (SUD)

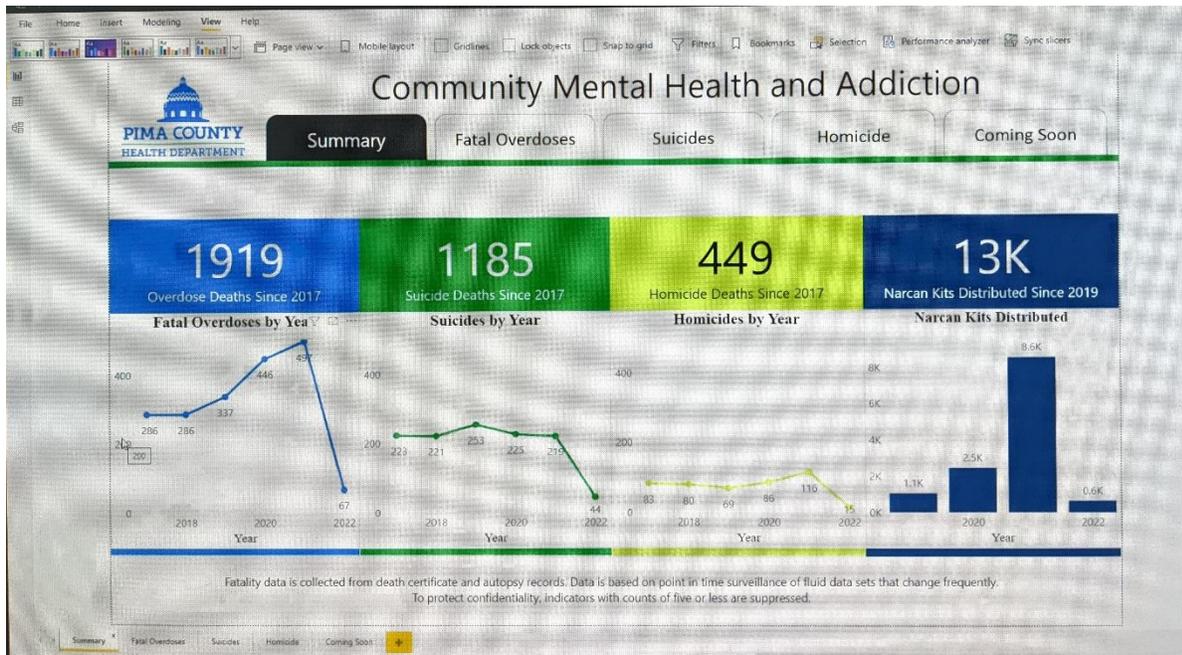
- Arisia reviewed key findings from the 2022 Community Health Needs Assessment (CHNA) around Substance Use Disorder.

Substance Use Disorder

Select data	<ul style="list-style-type: none"> • In 2020, there were 446 overdose deaths in Pima County, a 32% increase from 2019. • Fentanyl is most common drug involved in overdose, followed by methamphetamine
Causes	<ul style="list-style-type: none"> • Ongoing and persistent issue also identified in 2018 CHNA • Decline in mental health • Increase in fentanyl use and contamination
Barriers	<ul style="list-style-type: none"> • Stigma and discrimination • Limited education on harm reduction strategies • Fear of consequences of seeking care
Solutions	<ul style="list-style-type: none"> • Community education on stigma reduction, overdose and substance use • Harm reduction strategies (e.g. Naloxone and fentanyl test strip distribution)

Themes from SUD Data & SUD Problems/Issues Brainstorm

- Arisia invited meeting participants to:
 - Share themes they observe emerge from the CHNA Summary, using sticky notes on the Mural site.
 - Identify problems/issues related to SUD using the Mural site.
 - Arisia opened voting to identify top causes to explore in our next meeting. She will send meeting notes and voting results to Alex for distribution to the group.



Data Sharing

- Mark Person, Pima County Health Department, Program Manager, Community Mental Health and Addiction (CMHA).
 - Mark shared his screen and presented a data dashboard of overdose deaths in Pima County from 2017-present.
 - The Pima County Health Department will share this data dashboard on our public website in the future .
 - Dashboard tracks the top 5 drugs involved in fatal overdoses: alcohol, cocaine, fentanyl (2020 & 2021 spikes and continuing), heroin and meth.
 - The state is actively fighting against pharmaceutical-related deaths (opioids) and their efforts are making an impact; this drives people to use illegal drugs obtained on the street and online.
 - Fentanyl is cheap and easy to smuggle, affecting all demographics, teens to 80 year olds.
 - Mark reviewed overdose deaths year by year, with upticks in summer and December, but high numbers every month.
 - Pima County is experiencing record-breaking high overdose deaths.
 - Reviewed data by age group; seeing increases in all ages, but especially teens and young adults 20-29; all connected to fentanyl.
 - High suicide rates as compared to accidental overdose. Overall suicides are steady but more people are using drugs to commit suicide.



- Q: Alex asked how many deaths are from accidental cross-contamination, such as other drugs secretly laced with fentanyl to increase profit. They are hearing people are putting it in eye drops and nasal spray now..
- A: Mark stated that lately more deaths come directly from fentanyl use alone than from drugs laced with it. He said that Pima County reviews forensic evidence from each fatality. Lately it is very common for overdose deaths to come from use of “Blue M30s,” in which people put a fentanyl pill in tin foil, heat, and inhale fumes through straw.
- There is evidence that the cartels are attempting to make adjustments to reduce fatality of the product they are selling; we should keep awareness high for the harm we are seeing.
- Still tracking methadone as a harm reduction strategy, opening avenues for treatment, coordinate with the DEA.

SUD/ODU AzCH RBHA updates

- April Guzman, Arizona Complete Health – budgets have been approved for grants. SAMSA approved COVID-19 funding extension for a few more months.

Program Updates

- Alex – CODAC is holding a Job Fair this Saturday, March 19, 2022 from 11am-2pm at 380 E Fort Lowell.

Next Meeting

Root Causes of Issues/Problems
Data Sharing